# INTERNATIONAL MEDICAL

# Directory of Services

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#### **GENERAL INFORMATION**

#### INTRODUCTION

Since 1980, IML has been providing a full range of quality laboratory services to patients and physicians in our area. If you have any questions about the scope of services IML can provide for you, please contact our Client Services Department at (800) 288-1465.

#### ACCREDITATION

International Medical Laboratory, Inc. is accredited by The College of American Pathologists, the industry's most rigorous quality measure. Our state-of-the-art lab facility, licensed by the State of Florida and the Center for Medicare and Medicaid Services (CMS), maintains comprehensive quality assurance and quality control programs, including both internal and external proficiency testing.

#### **CLIENT SERVICES**

Our Client Services Representatives are available to answer questions about available tests, test requirements, turn-around times, test prices, CPT codes, patient results and courier pick-ups. They can also arrange for a consultation with our Pathologist or Technical Staff. They can be reached at (800) 288-1465.

#### LAB TOURS

We welcome the opportunity to show you and your staff our state-of-the-art lab facility. Please contact our Client Services Department at (800) 288-1465 to arrange a tour.

#### **COURIER SERVICES**

Our network of couriers will provide specimen pick up, report delivery and supply delivery to your office. Please prepare your specimens for transport by sealing all containers tightly, placing each patient's specimen in a separate, sealed Bio-hazard specimen bag and placing the patient's order in the side pocket of the specimen bag. IML transports all specimens in accordance with the applicable federal, state and local guidelines for the transportation of bio-hazardous materials.

If you require an additional unscheduled pick up, please contact our Client Services Department.

#### TEST REQUEST FORMS

Each patient's specimens must be accompanied by a Test Request Form and an Advance Beneficiary Notice (ABN) when applicable. Patient name, date of birth, specimen collection date, specimen collection time and test(s) requested must be marked. If the services are to be billed to the patient or patient's insurance, the patient's address, date of birth, insurance information and a diagnosis code(s) supporting the service must be included. Test orders and diagnosis information will only be accepted when received in writing from the ordering physician's office. Verbal orders cannot be accepted. If the services ordered for a Medicare patient are not "medically necessary" according to Medicare standards, the patient must be told why the services will not be covered and an appropriate ABN executed and submitted if the services are to be performed.

#### **RESULT REPORTING**

Test results may be delivered electronically, by fax, printer or courier. Most results are reported within 24 hours. Same Day Results are available in certain areas.

#### **CRITICAL VALUE RESULT REPORTING**

Critical Value Results are those results that are so abnormal we feel they could be life-threatening for your patient. IML follows the guidelines outlined in the Journal of the American Medical Association in determining these values. If your patient has a Critical Value result, it will be called to you as soon as they are available, unless you have given other instructions when your IML account was activated. Please be aware that if our Technical Staff feels your patient is in imminent danger, such as a patient with a Hemoglobin less than 5.0 g/dL, we will notify you regardless of other instructions.

#### **REPEAT TESTING**

IML strives for excellence in laboratory services and for the production of accurate and reliable lab results. However, if at any time, the ordering physician feels the results of a test do not correlate with the clinical impression of the patient, repeat testing will be done at no charge. If this occurs, please contact our Client Services Department as soon as possible so that we may arrange for re-testing.

#### **REFERENCE RANGES**

The reference ranges for the tests ordered print directly on your patient's result report. However, these ranges can vary by age and gender. Please remember to always submit the patient's age and gender on the Test Request form to ensure accurate reference ranges.

#### Additional Testing

If you require additional testing on a specimen already submitted, our Client Services Department can arrange for this testing to be performed provided that the appropriate specimen for the test was received, the specimen is still viable and the quantity submitted is adequate. Most specimens are archived for 7 days. After that time, a new specimen will need to be collected. Additional test requests must also be received in writing. All add on orders which are to be billed to an insurance require a diagnosis code. If the add on test requires an Advance Beneficiary Notice, your office will be informed and testing delayed until the ABN is received.

#### SAME DAY TEST RESULTS

Same Day Results are available for most routine testing in certain areas. For more information on these expedited services, please contact our Client Services Department at (800) 288-1465.

#### SUPPLIES

Supplies and containers used for laboratory specimen collection are provided to our clients at no charge. These include vacuum blood collection tubes, needles, needle holders, urine containers, culture swabs, pap smear kits and tissue biopsy containers, as well as Test Request Forms. In addition to prompt supply delivery, IML helps keep your inventory current by tracking your usage to make sure you get the supplies you need. In order to comply with federal "anti-kickback" regulation (the "Stark" law), IML will not supply any item not solely used for the purpose of collecting lab specimens for submission to IML.

#### COMPLIANCE

International Medical Laboratory, Inc. is committed to compliance with all applicable state and federal regulatory agencies and regulations including but not limited to the Agency for Health Care Administration (ACHA), the Center for Medicare and Medicaid Services (CMS) and the Occupational Safety and Health Administration (OSHA). IML maintains policies requiring compliance with patient confidentiality, diagnosis coding and anti-kickback statutes among others and expects that organizations utilizing our services maintain and enforce their own appropriate policies on those topics which affect their practices.

#### HIPAA

The Health Insurance Portability and Accountability Act (HIPAA) mandated specific standards for electronic transactions between covered entities, security standards for those electronic transactions and privacy standards for Protected Health Information (PHI). IML has addressed HIPAA requirements already in effect and will continue to modify policies and procedures as it becomes necessary to ensure continued compliance with these regulations.

#### BILLING

IML offers a number of billing options. Services billed to any party other than the client must include patient's address, date of birth and diagnosis information. In order to submit a claim to a private insurance, we must also have the insurance name, patient's member or identification number, group number and claims address. IML will submit one claim to any insurance as a courtesy for your patient but will only accept assignment for contracted insurances. Requisitions submitted without complete billing information will be billed to the ordering client's account. In the absence of any diagnostic information, tests will be assumed to have been ordered for screening purposes.

#### **Client Billing**

Clients may choose to have services they have ordered billed to their client account. Clients will receive an itemized bill monthly indicating patient's name, test performed and the charge. If you would like to have services billed to the client account, please mark the "client" or "my account" box in the billing information section of the IML Test Request Form. All services will be itemized on your monthly client bill, which is due upon receipt. If you need the CPT code for a test you have ordered, please contact our Client Services Department.

Patient Billing

If the patient is to be billed for the services performed, please mark the "patient" box in the billing information section of the IML Request Form. Please be sure to include the patient's complete mailing address and telephone number.

#### Medicare and Medicare Advantage Patients

If a patient is covered by Medicare, please write the patient's complete Medicare number, including the letter prefix or suffix, and the patient's address on the IML Test Request Form. For Medicare Advantage patients, please include a copy of the front and back of the Medicare Advantage card. Medicare requires the ordering physician to submit diagnosis information to support the medical necessity of any laboratory test ordered for both traditional Medicare and Medicare Advantage patients. Any diagnoses used to justify the medical necessity of an ordered test must be reflected in patient's medical chart.

If the test ordered is not expected to be covered, the patient must sign and date an Advance Beneficiary Notice (ABN) form agreeing to be responsible for payment if they would like the test performed. The ABN must be submitted to IML prior to testing. Medicare has determined that "limited coverage" tests may not be covered due to frequency of use or diagnosis criteria. Other tests are excluded from coverage because there is a Local or National Policy excluding them or they are considered by Medicare to be "investigational." Tests ordered for screening purposes are also not covered by Medicare except for under those circumstances listed in the Screening section below.

#### Limited Coverage Tests

Limited Coverage tests are those tests that Medicare covers only for certain diagnoses and certain frequencies. Those Limited Coverage tests that are printed on the IML Test Request form are denoted. However, Medicare continuously adds and amends test policies. If the diagnosis code for the patient does not meet Medicare's requirement for the test or the test is being done more frequently than Medicare considers necessary, the patient must sign the ABN indicating they will be responsible for payment if the test is to be done. Each Limited Coverage Test is governed by a Medicare Policy, either a Local Coverage Determination (LCD) or National Coverage Determination (NCD) for the test indicating under which conditions it is covered. If you need a copy of a policy for a particular test, please contact our Client Services Department or log onto www.floridamedicare.com to access all LCDs and NCDs.

#### Investigational / Non-Covered Tests

Certain tests are never covered by Medicare because they are considered "investigational" or are excluded from coverage due to a National or Local Determinations. These tests are listed Florida Medicare Policy for "Non-Covered Services." This policy is available through our Client Services Department or on www.floridamedicare.com. If you are ordering Investigational or Non-Covered tests on your patient, s/he will need to sign an ABN if they would like the test performed.

#### **Screening**

Medicare provides limited coverage of tests ordered for screening purposes. If a tests is ordered more frequently than is allowed for screening purposes, an ABN must be obtained. For those tests ordered for screening purposes, which are not part of the Medicare screening benefit, an appropriate ABN must be submitted. Please remember that the if a test is allowed annually, a full twelve months must have passed before the test will be covered again. If an annual test is scheduled any sooner, coverage will be denied.

#### Medicaid

If a patient is covered by Medicaid of Florida, please write the patients 10 digit Medicaid Recipient ID Number on the IML Requisition Form. Patient's address, telephone number and diagnoses information is also required. If the patient is enrolled in a Medicaid managed care program and you are not the primary care physician, the primary care physician's authorization number is also required. If your patient is enrolled in a Medicaid HMO, please direct them to their network provider.

#### Private Insurance

If the patient is covered by a private insurance and you would like us to send a claim on their behalf, please submit a copy of the front and back of the insurance card with the IML Requisition form. Diagnosis information is also required for insurance billing. If a copy of the insurance card is not available, please submit the following information: Insurance Company Name, Insurance Company Address, Patient's Policy or ID Number, Patient's Group Number, Name of Insured, Relation of Insured to Patient, Patient's Mailing Address, Patient's Date of Birth.

IML will send one courtesy claim to any insurance company. However, patients will be responsible for any charges not paid by the insurance. IML is currently on contract with the following insurances and networks:

Beech Street Network ChampVA ChoiceCare Network Evolutions Evercare First Health Network GEHA Golden Rule Humana ChoiceCare Network HumanaOne Medicaid Medicare Medicare Medicare Railroad Medicare Advantage PFFS Plans Multi-Plan PHCS Secure Horizons Tricare TRPN (Three Rivers Provider Network) United Healthcare United Mine Workers of America State of Florida - Vocational Rehabilitation Worker's Compensation

#### PATIENT SERVICE CENTERS

If you prefer not to collect specimens in your office, you may direct your patients with their IML Test Request Form or prescription to one of our many Patient Service Centers. For location addresses, maps, hours and additional information, please visit us at www.internationalmedicallab.com or contact our Client Services Department at (800) 288-1465.

#### **SPECIMEN COLLECTION AND PROCESSING**

The quality of test results reported by any laboratory is directly related to proper collection and handling of the specimens submitted. Patient and specimen identification, correct specimens for the test requested, specimen collection, preparation, and storage at the correct temperature are all essential to producing an accurate test result. Please make sure that at least the quantity specified for the test is submitted. Under <u>no</u> circumstances should specimens in Sharps equipment, such as body fluid in a syringe, be submitted. If you are uncertain about a specimen type or requirement, please contact our Client Services Department for assistance.

Please be aware that IML is unable to accept, process or test any radioactive specimens.

#### **FASTING SPECIMENS**

Certain tests require a fasting specimen. It is recommended that the patient fasts 8-12 hours. Patients should not eat anything during the 8-12 hours before these tests but are encouraged to stay hydrated during this period by drinking an adequate amount of water. However, no other beverages, including black coffee, tea or juice should be consumed. Patients should be advised to avoid chewing gum, smoking and excessive exercise during the fast period.

#### SPECIMEN LABELING

Patient identification and specimen labeling is vital to accurate test results. All specimens must be labeled with the patient's first and last name, as well as date of birth or other unique patient identification number. The date and time of collection should also be indicated. All labeling should be done using a permanent, waterproof writing instrument, such as a permanent marker. Unlabeled specimens may be refused for testing. All containers should be tightly sealed for storage and transport.

#### **BLOOD COLLECTION**

Blood may be collected by a vacuum tube and needle assembly or by syringe. Blood should be collected into tubes with the appropriate additive. The color of the tube top indicates which additive, if any, is in the tube.

When tubes of varying colors are to be drawn, they must be drawn in the following order: Blood Culture Tubes, Light Blue Top Tubes, Plain Red Top Tubes, SST (Serum Seperator) Tubes, Green Top (Heparin) Tubes, Lavender Top (EDTA) Tubes and Grey Top Tubes

Whole Blood:

If the blood collected in a tube is not separated into plasma or serum by centrifugation, it is referred to as "whole blood".

#### Serum:

When Whole Blood is collected in an SST, Plain Red Top Tube or other tube without anti-

coagulant and is centrifuged, the yellowish fluid in the top half of the tube is "serum."

#### <u>Plasma</u>

When Whole Blood is collected in a tube with an anti-coagulant and is centrifuged, the yellowish fluid in the top half of the tube is "plasma." The type of anti-coagulant in the tube determines the type of plasma produced, i.e. heparinized plasma is produced by collecting whole blood in a green top tube containing Lithium or Sodium Heparin and centrifuging it. The top portion of the specimen in the green top tube is then heparinized plasma.

Platelet Poor plasma is obtained by centrifuging Whole Blood and pipetting the plasma into a Plastic Transport Tube. The Transport Tube is centrifuged again and the resulting platelet-poor plasma pipetted into a new Transport Tube.

#### Specimen Quantities

For the benefit of the patient, please do not collect extra specimens. Minimize the amount of blood collected by reviewing the specimen requirements for each test and adding up the number of mLs of each specimen type required. For example, the serum of one SST tube is adequate for a Comprehensive Metabolic Panel, Lipid Panel and TSH. When calculating how many tubes are needed, estimate that you must draw 2.5 times the volume of whole blood for the serum or plasma needed. For example, to get 4 mL of plasma or serum, 10 mL of whole blood must be drawn.

#### Phlebotomy Basics

The following guidelines should be observed for proper blood collection. These guidelines are designed to serve as reminders of some important steps in blood collection and are not intended to be comprehensive or replace phlebotomist training<sup>1</sup>:

- 1. Identify patient and review order.
- 2. Position patient. Seated patients should be comfortably seated with arm in straight line from shoulder to wrist.
- 3. Prepare equipment and proper collection devices prior to venipuncture.
- 4. Wash hands and apply personal protective equipment.
- 5. Apply tourniquet midway between elbow and shoulder. Do not use arm on side where patient has had a mastectomy or above an infusion site. Do not leave tourniquet on longer than one minute.
- 6. Select vein. Cephalic, basilic or median cubital should be used. Vein should be palpable but not pulsating. Pulsating indicates site is artery not vein.
- 7. Cleanse site using appropriate cleanser such as alcohol. Wipe in outward-moving concentric circles. Do not blow site dry.
- 8. Insert needle into vein at approximately 15° angle in direct line with vein. Tube should be below site to prevent backflow. Bevel should be facing upward.
- 9. Release tourniquet prior to removing needle.

<sup>&</sup>lt;sup>1</sup>Pendergraph, Garland E., Pendergraph, Cynthia Barfield. <u>Handbook of Phlebotomy and Patient</u> <u>Service Techniques</u>. Williams & Wilkins. 1998.

- 10. Once needle is removed, apply pressure to site with clean gauze.
- 11. Dispose of needle in sharps container. Remove and dispose of gloves appropriately. Wash hands.
- 12. Label all tubes.
- 13. For serum, allow the blood to clot for at least 20 minutes and separate from the cells by centrifuging for 10 minutes. For plasma or whole blood collections, thoroughly mix the blood with the additive by inverting the tube 5 to 10 times. Centrifuge and separate from the cells if appropriate.

#### Common Problems in Collection

- Hemolysis: Occurs when red blood cells rupture releasing their contents into the serum. Even a slight degree of hemolysis will invalidate many test results and, in particular, elevate potassium and LDH. Hemolysis may be caused by difficult phlebotomy, small gauge needle (less than 18 ga.), placing red top tubes in the refrigerator before clotting is completed at room temperature, vigorous shaking of anti-coagulant specimens or storing in a refrigerator that is too cold
- *Lipemia:* Cloudy specimen due to presence of excessive amounts of fat. Occurs often if blood is drawn after meal. Will invalidate many test results. Therefore, fasting specimen is preferred.
- QNS: Quantity Not Sufficient. This indicates there is not enough specimen to perform the test requested. We are aware that often this is the only specimen obtainable from the patient. However, sometimes "a little is just not enough."

| Tube Types |  |  |
|------------|--|--|
|            |  |  |

Red Top Tube: Contains no anti-coagulant. Used for serum or clotted whole blood. After drawing, gently invert 8 times. Allow blood to clot at room temperature, out of direct sunlight, for 30 minutes. Centrifuge and transfer the serum portion into a properly labeled plastic transfer vial. Prolonged exposure of the serum to the clot may invalidate some test results.

SST Tube: Serum separator tube contains no anti-coagulant. Includes a gel to separate serum from cells after centrifugation. After drawing, invert tube gently invert 8 times. Allow blood to clot at room temperature, out of direct sunlight, for 30 minutes. Do not centrifuge before completely clotted. Centrifuge at 3400-3500 rpm for 10-15 minutes. Send the centrifuged and labeled SST tube with its top on to the laboratory. This tube type is <u>not</u> preferred for use in toxicology or Therapeutic Drug Monitoring (TDM) testing.

Note: Some studies have demonstrated increased Potassium levels as a result of excessively vigorous inverting of tubes. Handle tubes with utmost care.

- Lavender Top Tube: Contains EDTA anticoagulant. Tube must be filled completely and gently inverted 8 times in order to prevent clotting.
- *Gray Top Tube:* Contains Potassium Oxalate as anti-coagulant and Sodium Fluoride as glucose preservative. After drawing, invert gently 8 times to prevent clotting.

Light Blue

Top Tube: Contains solution of 3.2% Citrate as anti-coagulant. Used specifically for PT, PTT, and other coagulation tests. It is essential that the tube be properly filled to the "fill" line on the tube. After drawing, invert 4 times to prevent clotting. Partially filled or over-filled tubes invalidate coagulation. If collecting a Light Blue Top Tube using a Winged Infusion(Butterfly) Device, you will need to use an SST as a starter tube. Begin filling the SST to draw the blood through the tubing. Once the SST has begun to fill, discard it and fill the Light Blue Top Tube. This will enable you to completely fill the Light Blue Top Tube. A starter tube is not required for routine venipunctures using a conventional vacutainer or syringe.

Over filled or under filled Light Blue Top Tubes invalidate test results because of the altered ratio of blood to anti-coagulant and cannot be tested.

*Green Top Tube:* Contains Lithium or Sodium Heparin as anti-coagulant. After drawing, invert 8 times in order to prevent clotting. Use this tube when preparing Heparinized Plasma specimens.

Dark Blue Top

- (Trace Metal Tube): Tube contains no heavy metals. Available for Serum or with EDTA. Used for Heavy Metal testing. Invert 8 times after collection.
- Yellow Top Tube: Contains ACD as anti-coagulant. After drawing, invert 8 times to prevent clotting.
- Pearl (PST) Tube: Contains EDTA as anti-coagulant. This Plasma Separator Tube (PST) contains a gel barrier that separates the Plasma from the Cells after centrifugation.

#### **Frozen Specimens**

*Frozen Serum:* Draw Red Top Tube or SST, invert 8 times and allow specimen to clot at room temperature, out of direct sunlight, for 30 minutes. Centrifuge for

15 minutes to ensure good separation. Transfer Serum into plastic container and freeze. Label tube with patient's name, date and "serum." Place "frozen submitted separately" sticker on specimen bag of any other specimens, if specimens of another temperature are being submitted.

*Frozen Plasma:* Draw in tube with appropriate anti-coagulant, invert tube 8 times and centrifuge 15 minutes. Transfer plasma to plastic tube and freeze. Label tube with patient's name, date and with type of anti-coagulant used (i.e. Heparin, EDTA, Citrate). Place "frozen submitted separately" sticker on specimen bag of any other specimens, if specimens of another temperature are being submitted.

#### URINE COLLECTION

The following collection devices are used for urine specimens. All containers should be labeled with the patient's complete name and date on the cup or tube not the lid. All containers should be tightly sealed to avoid specimen leakage and then placed in a Bio-Hazard Specimen Transport bag.

Sterile Urine Cups: Used for urine culture and clean catch urinalysis.

Clean Catch Urine Specimen Collection Instructions for Females:

Instruct patient to wash hands, unscrew cap of urine container and remove cleansing towelette from packaging. Separating the folds of the urinary opening, the patient should cleanse the area thoroughly with down ward strokes, using a different part of the towelette for each downward stroke. Patient should begin urinating into the toilet and then move the urine container into the stream of urine (midstream collection). Specimen container should be tightly sealed, labeled and returned to the lab for testing.

Clean Catch Urine Specimen Collection Instructions for Males:

Instruct patient to wash hands, unscrew cap of urine container and remove towelette from packaging. Patient should cleanse the head of the penis using the towelette. If uncircumcised, the foreskin should be pulled back during cleaning procedure. Patient should begin urinating into the toilet, pulling foreskin back if present, and then move the urine container into the stream of urine (midstream collection). Specimen container should be tightly sealed, labeled and returned to the lab for testing.

For Patient Clean Catch Urine Collection Instruction Sheets, please call Client Services at (800) 288-1465.

<u>24 Hour Urine Container</u>: Used for 24 hour urine testing. Should be labeled with collection date, as well as start and completion times. If any preservative has been added to the sample, please note this on the container.

#### **Collection Instructions:**

Have patient avoid alcoholic beverages, vitamins and other medications (if possible) for at least 24 hours before beginning and during the course of specimen collection. Inform the patient if the specimen container contains any preservative, warning them not to discard the preservative and to keep the container away from children. Patients should not exceed their normal intake of liquids during the day before or day of the collection unless otherwise directed to do so by their physician. Instruct patient to begin collection period when they wake in the morning, voiding but not collecting their first morning urine. The 24 hour urine container should be labeled with the date and time of this uncollected specimen. All urine for the next 24 hours should be collected. The final collection should be made the next morning, approximately 24 hours from the start of collection. Keep the specimen to the laboratory as soon possible after the end of collection. For Patient 24 Hour Urine Collection Instruction Sheets, please call Client Services at (800) 288-1465.

#### **SPECIMEN STORAGE AND TRANSPORT**

Proper collection, storage and transport are vital to producing quality lab results. To help us provide the most accurate results, please ensure that specimens are properly packed for transport and stored at the appropriate temperatures. All specimen containers should be labeled and tightly sealed. Each patient's specimen should be placed in an individual Biohazard Specimen Bag, which should also be sealed. The patient's lab request form should be folded and placed in the outside pocket of the Specimen Bag. Specimens should be stored at the temperature specified for the test in the Test Listing, while awaiting courier pick-up. Specimens will be transported from your office by IML courier in accordance with federal, state and local bio-hazardous transport regulations.

#### TEST LISTING

The following is an alphabetical listing of many of the most commonly requested tests available through IML. If the test you require is not included, please call our Client Services Department at (800) 288-1465 and we will be happy to provide additional test specific information for you. Specimen Requirements listed are current as of the date of printing but are subject to change without notice.

### **INDIVIDUAL TEST LISTING**

#### ABO GROUP & RH (BLOOD TYPE)

LAB CODE: 4900

Specimen Requirements: Collect: Storage and Transport: Reported: Notes: 5mL EDTA Whole Blood Lavender Top Tube Refrigerated In 3-7 Days Aliquots are not acceptable.

ACE (See Angiotensin Converting Enzyme)

ACID FAST CULTURE & SMEAR (AFB) (See Culture & Smear, Acid Fast, AFB)

ADH (See Antidiuretic Hormone)

ADRENALIN (See Catecholamines, Fractionated)

ADRENOCORTICOTROPHIC HORMONE (ACTH)

LAB CODE: 5015

| Specimen Requirements: | 1mL EDTA Plasma  |
|------------------------|--|
| Collect:               | Lavender Top Tube. Centrifuge. Transfer Plasma into transfer   |
|                        | tube. Critical Frozen. Must be separated from cells and frozen   |
|                        | within 1 hour.   |
| Storage and Transport: | Frozen   |
| Reported:              | In 3-5 Days  |
| Notes:                 | Draw between 7am and 10am. Please submit a separate sample for any additional tests requiring a frozen sample. |

AFB (See Culture, Acid Fast)

AFP (See Alpha-Fetoprotein)

ALBUMIN

| Specimen Requirements: | 2mL Serum  |
|------------------------|--|
| Collect:               | Serum Separator Tube                                   |
| Storage and Transport: | Refrigerated   |
| Reported:              | In 1 Day. Same Day Results available in certain areas. |
| Billing Notes:         | Medicare Limited Coverage Test                         |
|                        |  |

| Specimen Requirements: | 2 mL serum.                 |                          |
|------------------------|-----------------------------|--------------------------|
| Collect:               | Serum Separator Tube        |                          |
| Storage and Transport: | Refrigerated                |                          |
| Reported:              | In 3-5 Days                 |                          |
| Notes:                 | Remove serum from clot. Tro | ansport in plastic tube. |

#### ALDOSTERONE, SERUM

LAB CODE: 5019

Specimen Requirements: Collect: Storage and Transport: Reported: 2mL Serum. Serum Separator Tube Refrigerated In 3-5 Days

ALDOSTERONE, URINE

LAB CODE: 5020

| Specimen Requirements: | 24 Hour Urine. Collection start and completion times must be |
|------------------------|--|
|                        | noted. Must be shipped within 24 hours of collection.        |
| Collect:               | 24 Hour Urine Container                                      |
| Storage and Transport: | Refrigerated during and after collection                     |
| Reported:              | In 2-9 Days  |

#### ALKALINE PHOSPHATASE

LAB CODE: 2206

| Specimen Requirements: | 1mL Serum  |
|------------------------|--|
| Collect:               | Serum Separator Tube                                   |
| Storage and Transport: | Refrigerated   |
| Reported:              | In 1 Day. Same Day Results available in certain areas. |

#### ALKALINE PHOSPHATASE ISOENZYMES (HEAT STABLE)

LAB CODE: 2653

Specimen Requirements: Collect: Storage and Transport: Reported: 3mL Serum Serum Separator Tube Refrigerated. Do <u>not</u> freeze. In 1 Day. Same Day Results available in certain areas.

#### ALLERGY TESTING

For information on Allergy Panels and individual allergens, please contact Client Services.

ALPHA-1-ANTITRYPSIN (ANTI-TRYPSIN)

LAB CODE: 5605

Specimen Requirements: Collect: 1mL Serum Serum Separator Tube

#### ALPHA-FETOPROTEIN, TUMOR MARKER

LAB CODE: 5036

Specimen Requirements: Collected: Storage and Transport: Reported: Billing Notes: 1mL Serum Serum Separator Tube Refrigerated In 2-4 Days Medicare Limited Coverage Test

#### ALANINE AMINOTRANSFERASE (See ALT)

ALT (ALANINE AMINOTRANSFERASE)

LAB CODE: 2209

Specimen Requirements: Collect: Storage and Transport: Reported: 1mL Serum Serum Separator Tube Refrigerated In 1 Day. Same Day Results available in certain areas

#### AMINOPHYLLINE (See Theophylline)

| AMMONIA                | LAB CODE: 2695   |
|------------------------|--|
| Specimen Requirements: | 2mL EDTA Plasma. Specimen must be centrifuged immediately and plasma transferred to plastic transfer tube and frozen |
| Collect                | immediately.<br>Lavender Top Tube  |

| Collect:               | Lavender Top Tube  |
|------------------------|--|
| Storage and Transport: | Frozen   |
| Reported:              | In 1 Day. Same Day Results available in certain areas.   |
| Notes:                 | Please submit a separate sample for any additional tests |
|                        | requiring a frozen sample.                               |

#### AMYLASE

LAB CODE: 2100

| Specimen Requirements: | 1mL Serum  |
|------------------------|--|
| Collect:               | Serum Separator Tube                                   |
| Storage and Transport: | Refrigerated   |
| Reported:              | In 1 Day. Same Day Results available in certain areas. |

#### ANA (See Anti-Nuclear Antibody Screen)

#### ANDROSTENEDIONE

**Specimen Requirements:** 1mL Serum Collect: Plain Red Top Tube. Centrifuge and transfer serum into transfer tube ASAP. Storage and Transport: Refrigerated Reported In: In 4-7 Days

#### ANGIOTENSIN CONVERTING ENZYME (ACE)

Specimen Requirements: Collect: Storage and Transport: Reported:

1mL Serum Serum Separator Tube Refrigerated. In 2-4 Days

#### ANTI-CENTROMERE ANTIBODY

Specimen Requirements: Collect: Storage and Transport: **Reported:** Billing Notes:

1mL Serum Serum Separator Tube Refrigerated In 3-7 Days Medicare Limited Coverage Test

#### ANTI-DNA (DOUBLE STRAND)

Specimen Requirements: Collect: Storage and Transport: Reported:

2mL Serum Serum Separator Tube Refrigerated In 3-7 Days

#### ANTI-HISTONE ANTIBODY

Specimen Requirements: Collect: Storage and Transport: Reported:

1mL Serum. Serum Separator Tube. Refrigerate In 3-7 Days

#### ANTI-LA (See SSB Antibodies)

ANTI-MICROSOMAL ANTIBODIES (See Anti-Thyroid Peroxidase Antibodies)

LAB CODE: 5061

LAB CODE: 2640

LAB CODE: 2607

LAB CODE: 25162

Specimen Requirements: Collect: Storage and Transport: Reported:

uirements: 1mL Serum Serum Separator Tube Transport: Refrigerated In 2-4 Days

#### ANTI-NUCLEAR ANTIBODY SCREEN (ANA)

Specimen Requirements: Collect: Storage and Transport: Reported: 2mL Serum Serum Separator Tube Refrigerated In 3-7 Days

2mL Serum

#### ANA WITH REFLEX CONFIRMATION PANEL

Specimen Requirements: Collect: Storage and Transport: Reported: Notes:

Serum Separator Tube Refrigerated In 3-7 Days A positive result on this ANA Screen reflexes to a confirmation panel including SSA, SSB, SM, RNP, SCL-70, JO-1, DSDNA, Centromere and Histone Antibodies.

#### ANTI-RO (See SSA Antibodies)

#### ANTI-RNP ANTIBODIES

Specimen Requirements: Collect: Storage and Transport: Reported: Billing Notes: 1mL Serum Serum Separator Tube Refrigerated In 3-7 Days Medicare Limited Coverage Test

#### ANTI-SCLERODERMA (SCL-70) ANTIBODY

Specimen Requirements: Collect: Storage and Transport: Reported: Billing Notes: 1mL Serum Serum Separator Tube Refrigerated In 3-7 Days Medicare Limited Coverage Test

#### LAB CODE: 5063

LAB CODE: 2600

LAB CODE: 2630

LAB CODE: 50000

Specimen Requirements: Collect: Storage and Transport: Reported:

ANTI-THYROID PEROXIDASE ANTIBODIES (TPO) (MICROSOMAL AB)

Specimen Requirements: Collect: Storage and Transport: Reported:

Refrigerated In 2-4 Days

ANTI-TRYPSIN (See Alpha-1-Antitrypsin)

ARSENIC, BLOOD

Specimen Requirements: Collect: Storage and Transport: Reported:

3mL EDTA Whole Blood Dark Blue Top Tube with EDTA **Room Temperature** In 3-5 Days

ASO (See Anti-Streptolysin-O)

ASPARTATE AMINOTRANSFERASE (See AST)

**Specimen Requirements:** 1mL Serum Collect: Serum Separator Tube Storage and Transport: Refrigerated Reported: In 3-7 Days Billing Notes: Medicare Limited Coverage Test

#### ANTI-SMOOTH MUSCLE ANTIBODIES

**Specimen Requirements:** Collect: Storage and Transport: Reported:

1mL Serum Serum Separator Tube Refrigerated In 3-5 Days

## ANTI-THYROGLOBULIN ANTIBODIES

Serum Separator Tube

1mL Serum

Refrigerated

In 2-4 Days

1mL Serum Serum Separator Tube

LAB CODE: 5088

LAB CODE: 50001

LAB CODE: 5070

LAB CODE: 50014

IML.05.2017

Specimen Requirements: 1mL Serum Collect: Serum Separator Tube Storage and Transport: Refrigerated In 1 Day. Same Day Results available in certain areas. Reported:

BENCE-JONES PROTEIN (See Immunoelectrophoresis, Urine)

#### BETA-2-MICROGLOBULIN, SERUM

Specimen Requirements: Collect: Storage and Transport: Reported: Notes:

1mL Serum Serum Separator Tube Refrigerated In 3-5 Days Overnight Fast preferred.

#### BETA-HCG, QUALITATIVE

Specimen Requirements: Collect: Storage and Transport: **Reported:** Billing Notes:

1mL Serum Serum Separator Tube Refrigerated In 1 Day. Same Day Results available in certain areas. Medicare Limited Coverage Test

#### BETA-HCG, QUANTITATIVE

2mL Serum Specimen Requirements: Serum Separator Tube Storage and Transport: Refrigerated Reported: In 1 Day. Same Day Results available in certain areas. Billing Notes: Medicare Limited Coverage Test

#### BICARBONATE (See Carbon Dioxide - CO2)

#### **BILIRUBIN, DIRECT**

Collect:

Specimen Requirements: 1mL Serum. Protect specimen from bright light by wrapping in foil or using amber tube. Collect: Serum Separator Tube Storage and Transport: Refrigerated Reported: In 1 Day. Same Day Results available in certain areas.

LAB CODE: 4002

LAB CODE: 2608

LAB CODE: 5095

#### BILIRUBIN, FRACTIONATED (Total, Direct and Indirect)

| Specimen Requirements: | 2mL Serum. Protect specimen from bright light by wrapping in foil or using amber tube. |
|------------------------|--|
| Collect:               | Serum Separator Tube   |
| Storage and Transport: | Refrigerate  |
| Reported:              | In 1 Day. Same Day Results available in certain areas.                                 |

**BILIRUBIN, TOTAL** 

LAB CODE: 2205

| Specimen Requirements:             | 1mL Serum. Protect from light specimen from bright light by wrapping in foil or using amber tube. |
|------------------------------------|---|
| Collect:<br>Storage and Transport: | Serum Separator Tube<br>Refrigerated  |
| Reported:                          | In 1 Day. Same Day Results available in certain areas.  |

BIOPSIES (See Pathology)

BLOOD CULTURE (See Culture, Blood)

BLOOD TYPE (See ABO GROUP and RH)

**BLOOD UREA NITROGEN (BUN)** 

Collect:

Reported:

Specimen Requirements:

1mL Serum Serum Separator Tube

Storage and Transport: Refrigerated In 1 Day. Same Day Results available in certain areas.

BUN (See Blood Urea Nitrogen)

| C-PEPTIDE |
|-----------|
|-----------|

Collect:

Specimen Requirements: 2mL Serum. Patient should be fasting 12 hours prior to collection. Serum Separator Tube Storage and Transport: Refrigerated Reported: In 3-5 Days

LAB CODE: 2550

LAB CODE: 2215

#### C-REACTIVE PROTEIN (CRP), HIGH SENSITIVITY (CARDIAC)

| 1 mL Serum     |
|----------------|
| Serum Separate |
| Refrigerated   |
| In 1 Day. Sam  |
| Not covered by |
|                |

Serum Serum Serum Separator Tube Refrigerated In 1 Day. Same Day Results available in certain areas. Not covered by Medicare

#### C-REACTIVE PROTEIN (CRP), QUANTITATIVE

Specimen Requirements: Collect: Storage and Transport: Reported: 1 mL Serum Serum Separator Tube Refrigerated In 1 Day. Same Day Results available in certain areas.

#### CANCER ANTIGEN 15-3 (CA 15-3)

Specimen Requirements:2mL SerumCollect:Serum Separator Tube. Centrifuge. Transfer serum into plastic<br/>transfer tube.Storage and Transport:Refrigerated<br/>3-5 DaysBilling Notes:Medicare Limited Coverage Test

#### CANCER ANTIGEN 19-9 (CA 19-9)

LAB CODE: 5111

| Specimen Requirements: | 2mL Serum   |
|------------------------|---|
| Collect:               | Serum Separator Tube. Centrifuge. Transfer serum into plastic |
|                        | transfer tube.  |
| Storage and Transport: | Refrigerated  |
| Reported:              | In 4-5 Days   |
|                        | Billing Notes: Not Covered by Medicare                        |

#### CANCER ANTIGEN 27.29 (CA 27.29)

LAB CODE: 5687

| Specimen Requirements: | 2mL Serum   |
|------------------------|---|
| Collect:               | SST. Centrifuge. Transfer serum into plastic transfer tube. |
| Storage and Transport: | Referigerated   |
| Reported:              | In 3-5 Days   |
| Billing Notes:         | Medicare Limited Coverage Test                              |

LAB CODE: 4012

| Specimen Requirements: | 2mL Serum                                   |
|------------------------|---|
| Collect:               | Serum Separator Tube.                       |
| Storage and Transport: | Refrigerate                                 |
| Reported:              | In 5-7 Days                                 |
| Notes:                 | Transfer serum from SST into transfer tube. |
| Billing Notes:         | Medicare Limited Coverage Test              |

#### CALCIUM, IONIZED

LAB CODE: 5121

| Specimen Requirements: | 2mL Serum in <u>unopened</u> SST.  |
|------------------------|--|
| Collect:               | Serum Separator Tube <u>unopened</u>                                     |
| Storage and Transport: | Refrigerated   |
| Reported:              | In 3-5 Days  |
| Notes:                 | Please submit a separate sample for <u>any</u> additional tests ordered. |
| Billing Notes:         | Medicare Limited Coverage Test   |

#### CALCIUM, SERUM

LAB CODE: 2203

LAB CODE: 2255

| Specimen Requirements: | 1mL Serum  |
|------------------------|--|
| Collect:               | Serum Separator Tube                                   |
| Storage and Transport: | Refrigerate  |
| Reported:              | In 1 Day. Same Day Results available in certain areas. |
| Billing Notes:         | Medicare Limited Coverage Test                         |

#### CALCIUM, RANDOM URINE

Specimen Requirements: Collect: Storage and Transport: Reported: 10mL Random Urine Urine Cup Refrigerated In 1 Day

#### CALCIUM, 24 HOUR URINE

Specimen Requirements:24 Hour Urine. Collection start and completion time should be<br/>noted.Collect:24 Hour Urine ContainerStorage and Transport:Refrigerated during and after collection<br/>In 1 Day

#### CARBON DIOXIDE (CO2, Bicarbonate)

LAB CODE: 2214

LAB CODE: 2231

Specimen Requirements: 1mL Serum in unopened SST

Collect: Storage and Transport: Reported:

Serum Separator Tube <u>unopened</u> Refrigerated In 1 Day. Same Day Results available in certain areas.

#### CARCINOEMBRYONIC ANTIGEN (CEA)

Specimen Requirements:2mlCollect:ServeStorage and Transport:RefrReported:In 2Billing Notes:Medice

2mL Serum Serum Separator Tube Refrigerated In 2-4 Days Medicare Limited Coverage Test

#### CARDIOLIPIN ANTIBODIES, IgG, IgM, IgA

Specimen Requirements: Collect: Storage and Transport: Reported: 1mL Frozen Serum Serum Separator Tube Refrigerated In 3-5 Days

#### CATECHOLAMINES, FRACTIONATED, PLASMA

| Specimen Requirements: | 4mL Heparinized Plasma  |
|------------------------|---|
| Collect:               | Green Top Tube. Centrifuge specimen, and transfer plasma into   |
|                        | plastic vial. Plasma should be separated from cells ASAP.   |
|                        | Freeze.   |
| Storage and Transport: | Frozen  |
| Reported:              | In 3-5 Days   |
| Notes:                 | Please submit a separate sample for any additional tests requiring a frozen sample.   |
| Comment:               | Patient should be calm and in a supine position for 30 minutes<br>prior to collection. Fractionated Catecholamines includes<br>Epinephrine, Norepinephrine and Dopamine. If possible,<br>patients should discontinue all drugs at least 1 week prior to<br>collection. Medications known to interfere with the assay include:<br>Alpha-methyldopa (Aldomet), Isoproterenol, Labetalol,<br>Mandelamine, Metoclopramide, Acetaminophen (high<br>concentrations only), Cimetidine, and Catecholamine-containing<br>drugs, MAO inhibitors, diuretics and vasodilators. The patient<br>must stop smoking and drinking coffee or tea for a minimum of<br>four hours before sample is drawn. |

LAB CODE: 2655

LAB CODE: 5862

| Specimen Requirements: | 24 Hour Urine. Collection start and completion times should be noted. Must stay Refrigerated during collection.   |
|------------------------|---|
| Collect:               | 24 Hour Urine Container   |
| Storage and Transport: | Refrigerated during and after collection  |
| Reported:              | In 3-5 Days   |
| Comment:               | Catecholamines, Fractionated includes Epinephrine,<br>Norepinephrine and Dopamine. If possible, patient should<br>discontinue all drugs at least 1 week prior to collection.<br>Medications known to interfere with this assay include: Alpha-<br>methyldopa (Aldomet), Isoproterenol, Labetalol, Mandelamine,<br>Metaclopramide, Acetaminophen (high concentrations only),<br>Cimetidine, and Catecholamine-containing drugs, MAO<br>inhibitors, diuretics, vasodilators. Other interfering substances<br>include smoking and drinking tea within 4 hours of collecting<br>specimen. |

#### CBC WITH DIFFERENTIAL & PLATELET COUNT

LAB CODE: 3000

| Specimen Requirements:<br>Collect:                                | 4mL EDTA Whole Blood<br>Lavender Top Tube. Invert tube 5 times immediately following<br>collection.  |
|---|--|
| Storage and Transport:<br>Reported:<br>Billing Notes:<br>Comment: | Refrigerated<br>In 1 Day. Same Day Results available in certain areas.<br>Medicare Limited Coverage Test<br>If abnormal cells are noted on a manual review of peripheral<br>blood smear or if the automated differential information meets<br>specific criteria, a full manual differential will be performed. |

#### CBC WITHOUT DIFFERENTIAL (See Hemogram)

LAB CODE: 3000

CEA (See Carcinoembryonic Antigen)

#### CELL COUNT and DIFFERENTIAL, BODY FLUID

| Specimen Requirements: | 1mL Body Fluid in EDTA  |
|------------------------|---|
| Collect:               | Lavender Top Tube (with liquid EDTA). Specimen should be                |
|                        | placed into lavender top tube and mixed immediately after               |
|                        | collection to avoid clotting.   |
| Storage and Transport: | Refrigerated  |
| Reported:              | In 1 Day  |
| Comment:               | Specimens submitted in syringes with needles are <u>not</u> acceptable. |
|                        | If multiple tubes are drawn, label tubes with the order of drawn        |
|                        | (i.e. 1, 2, 3).   |

LAB CODE: 3045

Specimen Requirements:1mL CSF FluidCollect:Sterile TubeStorage and Transport:RefrigeratedReported:In 1 DayComment:Specimens submitted in syringes with needles are not acceptable.If multiple tubes are drawn, label tubes with the order of drawn(i.e. 1, 2, 3).

#### CEREBROSPINAL FLUID CULTURE (See Culture, Cerebrospinal Fluid)

#### CERULOPLASMIN

LAB CODE: 5135

Specimen Requirements: Collect: Storage and Transport: Reported: 1mL Serum Serum Separator Tube Refrigerated In 2-4 Days

CH50 (See Complement Total)

CHLAMYDIA CULTURE (See Culture, Chlamydia)

LAB CODE: 2213

| Specimen Requirements: | 1mL Serum  |
|------------------------|--|
| Collect:               | Serum Separator Tube. Centrifuge ASAP.                 |
| Storage and Transport: | Refrigerated   |
| Reported:              | In 1 Day. Same Day Results available in certain areas. |
| Billing Notes:         | Medicare Limited Coverage Test                         |
| 0                      | 0  |

#### CHOLESTEROL, TOTAL

| Specimen Requirements: | 1mL Serum. Indicate if patient is fasting.             |
|------------------------|--|
| Collect:               | Serum Separator Tube                                   |
| Storage and Transport: | Refrigerated   |
| Reported:              | In 1 Day. Same Day Results available in certain areas. |
| Billing Notes:         | Medicare Limited Coverage Test                         |

#### CLOSTRIDIUM DIFFICILE, TOXIN A/B

| Specimen Requirements: | 3mL Stool  |
|------------------------|--|
| Collect:               | Sterile Cup with leakproof lid.  |
|                        | Specimens with Formalin, PVA or other preservatives, on swabs,                                       |
|                        | in tissue or dried out are not acceptable. Specimen must be submitted within 24 hours of collection. |
| Storage and Transport: | Refrigerate  |
| Reported:              | In 5-7 Days  |

CMV (See Cytomegalovirus)

#### COMPLEMENT C3

**Specimen Requirements:** Collect: Storage and Transport: Reported: Notes:

1mL Serum Serum Separator Tube Refrigerated In 3-5 Days Transfer to plastic tranfer tube.

#### COMPLEMENT C4

Specimen Requirements: Collect: Storage and Transport: Reported: Notes:

1mL Serum Serum Separator Tube Refrigerated In 3-5 Days Transfer to plastic tranfer tube.

#### COMPLEMENT TOTAL (CH50)

Specimen Requirements: 2mL Serum Serum Separator Tube. Centrifuge. Transfer serum from SST Collect: plastic transfer tube. Freeze plastic tube. Storage and Transport: Frozen In 3-5 Days Reported: Notes: Please submit a separate sample for any additional tests requiring a frozen sample.

2mL Serum

COOMBS, INDIRECT (See Antibody Screen)

COPPER, SERUM

LAB CODE: 5179

LAB CODE: 2681

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#### LAB CODE: 6034

LAB CODE: 2680

LAB CODE: 2305

Dark Blue Top Tube without Additive. Do not use SST or Plain Red Top Tube. Centrifuge and transfer serum into transfer tube

Collect:

Reported:

CORTISOL, TOTAL

Storage and Transport:

Specimen Requirements: 2mL Serum Serum Separator Tube Collect: Storage and Transport: Refrigerated In 3-5 Days Reported:

ASAP. Refrigerate

In 3-7 Days

#### CK (Creatine Kinase)

LAB CODE: 2105

| Specimen Requirements: | 1mL Serum  |
|------------------------|--|
| Collect:               | Serum Separator Tube                                   |
| Storage and Transport: | Refrigerated   |
| Reported:              | In 1 Day. Same Day Results available in certain areas. |

CPK (See CK)

CREATINE KINASE (See CK)

| CREATININE CLEARANCE               | LAB CODE: 2245   |
|------------------------------------|--|
| Specimen Requirements:             | 24 Hour Urine <u>and</u> 1mL Serum. Note collection start and completion times for 24 Hour Urine.  |
| Collect:<br>Storage and Transport: | 24 Hour Urine Container <u>and</u> Serum Separator Tube.<br>Refrigerated during and after collection   |
| Reported:<br>Comment:              | In 1 Day<br>Serum sample should be collected during the same period as the<br>24 urine sample. Patient's <u>height</u> and <u>weigh</u> t must be submitted. |

#### CREATININE, SERUM

| Specimen Requirements: | 1mL Serum  |
|------------------------|--|
| Collect:               | Serum Separator Tube                                   |
| Storage and Transport: | Refrigerated   |
| Reported:              | In 1 Day. Same Day Results available in certain areas. |
| Billing Notes:         | Medicare Limited Coverage Test                         |

#### CREATININE with GFR, SERUM

| Specimen Requirements: | 1mL Serum. Patient's age required.                     |
|------------------------|--|
| Collect:               | Serum Separator Tube                                   |
| Storage and Transport: | Refrigerated   |
| Reported:              | In 1 Day. Same Day Results available in certain areas. |
| Billing Notes:         | Medicare Limited Coverage Test                         |

#### CREATININE, URINE, 24 HOUR

LAB CODE: 2230

| Specimen Requirements: | 24 Hour Urine. Note collection start and completion times for 24<br>Hour Urine. |
|------------------------|---|
| Collect:               | 24 Hour Urine Container   |
| Storage and Transport: | Refrigerated during and after collection  |
| Reported:              | In 1 Day  |

CRP (See C-Reactive Protein)

#### **CRYSTAL ANALYSIS**

LAB CODE: 3800

| Specimen Requirements: | 1mL Body Fluid  |
|------------------------|---|
| Collect:               | Lavender Top Tube (with Liquid EDTA)                                    |
| Storage and Transport: | Refrigerated  |
| Reported:              | In 1 Day  |
| Comment:               | Specimens submitted in syringes with needles are <u>not</u> acceptable. |
|                        |   |

#### CULTURES

Organism identification and sensitivities are automatically performed on all significant isolates. Additional charges and CPT coding are dependent on methods and number of anti-microbics tested.

- Check expiration of each swab, culturette, media, or collection device prior to collecting specimen.
- If there is an ampule at the bottom of the culturette, break the ampule to expose swab to transport media once the swab has been replaced into culturette.
- Label the swab with patient name, date, and source of specimen.
- Follow the instructions for each specific test.
- All culture specimens must be submitted within 24 hours of collection.
- Indicate if certain organisms or clinical conditions are suspected (i.e., R/O MRSA, suspect Brucella, etc.)

| Specimen Requirements:                                    | Submit 3 to 5 early morning Sputum specimens in Sterile<br>Container (minimum 1mL each). Other acceptable specimens<br>are aspirates, bronchial washing, urine, stool, spinal fluid, body<br>fluid, tissue and swabs. Do not submit 24 hour or pooled<br>collections. Submit only one specimen per day. Specify source. |
|---|---|
| Collect:<br>Storage and Transport:<br>Reported:<br>Notes: | Sterile Container<br>Refrigerated<br>In 8 weeks<br>Identification by DNA Probe/Sequencing will be performed at<br>additional charge.  |

#### CULTURE, AEROBIC (ROUTINE)

LAB CODE: 6000

| Specimen Requirements:<br>Collect:            | Swab in Transport Media. Specify Source.<br>Swab for most sources. When submitting tissue, store tissue in<br>sterile container filled with sterile saline. Do not collect in<br>formalin.  |
|---|---|
| Storage and Transport:<br>Reported:<br>Notes: | Refrigerated<br>In 2-3 Days<br>Organism identification and sensitivities are automatically<br>performed on all significant isolates. Additional charges and<br>CPT coding are dependent on methods and number of anti-<br>microbics tested. |

#### CULTURE, AEROBIC with GRAM STAIN (ROUTINE)

LAB CODE: 6010

| Specimen Requirements: | Swab in Transport Media or Fluid in sterile container. Specify<br>Source.  |
|------------------------|--|
| Collect:               | Swab   |
| Storage and Transport: | Swab - Refrigerated; Fluid - Room Temperature  |
| Reported:              | In 2-3 Days  |
| Notes:                 | Organism identification and sensitivities are automatically<br>performed on all significant isolates. Additional charges and<br>CPT coding are dependent on methods and number of anti-<br>microbics tested. |

CULTURE, ANAEROBIC (includes Aerobic Culture and Gram Stain)

| Swab in Transport Media. Specify Source.  |
|---|
| Swab  |
| Room Temperature  |
| In 3-4 Days   |
| Organism identifications are performed on all significant isolates.   |
| Beta lactamase is tested for appropriate isolates. Anaerobic<br>sensitivities are not performed. Anaerobic cultures will not be<br>performed on inappropriate sources. Additional charges and |
|   |

CPT coding are dependent on methods and number of antimicrobics tested.

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#### Specimen Requirements: Collect: Storage and Transport: Reported:

CULTURE, BETA STREP GROUP A

Swab Throat Swab Room Temperature In 2-3 Days

#### CULTURE, BETA STREP GROUP B

Specimen Requirements: Collect: Storage and Transport: Reported:

Swab Genital Swab Room Temperature In 2-3 Days

#### CULTURE, BLOOD, Routine Aerobic and Anaerobic LAB CODE: 6001

| Specimen Requirements:   | 2 Blood Culture Bottles (1 set of 2 bottles). One bottle is for<br>aerobic, the other for anaerobic. If only one bottle is submitted,<br>aerobic testing will be performed.   |
|--------------------------|---|
| Collect:                 | 2 Blood Culture Bottles (1 set). 2-3 sets are recommended in<br>adults (20ml per set). Do not collect more than 3 sets in 24<br>hours. Label with Collection time and site.   |
| Collection Instructions: | <ol> <li>Select vein for venipuncture. Aseptically cleanse the skin with alcohol. Wipe the area with alcohol, using a circular motion, wiping out from the "inside" of the circle to the "outside" of the circle for 30 seconds Allow to disinfect for 1-2 mintues.</li> <li>Clean the tops of the blood culture bloods with alcohol pad. Allow to disinfect for 1-2 minutes.</li> <li>Draw blood without further touching or further palpating the vein or decontaminated area.</li> </ol> |
|                          | <ul><li>4. Fill each blood culture bottle with a minimum of 10 ml of blood.</li><li>5. Mix bottles, gently. Label specimens with complete patient</li></ul>   |
|                          | name, time, date and site.  |
| Storage and Transport:   | Room Temperature. Do <u>not</u> refrigerate.  |
| Reported:                | In 7 Days   |
| Notes:                   | Organism identification and sensitivities are automatically<br>performed on all significant isolates. Additional charges and<br>CPT coding are dependent on methods and number of anti-<br>microbic tested.   |

LAB CODE: 6013

| Specimen Requirements: | CSF. Tube 2 or 3 should be used for culture.   |
|------------------------|--|
| Collect:               | Sterile Plastic Tubes (without additive)   |
| Storage and Transport: | Room Temperature. <u>Do not Refrigerate</u>  |
| Reported:              | In 7 Days  |
| Notes:                 | Organism identification and sensitivities are automatically<br>performed on all significant isolates. Beta lactamase testing is<br>only performed on Haemophilus and Neisseria sp. For<br>pneumococcus, presumptive Penicillin sensitivity will be<br>determined. Additional charges and CPT coding are dependent<br>on methods and number of anti-microbics tested. |

#### CULTURE, CHLAMYDIA

#### LAB CODE: 5725

| Specimen Requirements:              | M4 Transport Media Swab or Viral Transport Media. Indicate source and patient's date of birth   |
|-------------------------------------|---|
| Collect:                            | M4 Transport Media Swab or Viral Transport Media.   |
| Collection Instructions:            | Do not use swabs with wooden shafts. Collect specimen on a<br>swab in an area where columnar epithelial cells can be found.<br>Place swab immediately in to M4 media. |
| Storage and Transport:<br>Reported: | Refrigerated, if submitted within 24 hours. Otherwise, frozen.<br>In 4-7 Days   |

#### CULTURE, FUNGAL (Nails / Hair / Skin)

Specimen Requirements: Collect:

Nails: Cut Nail into fine pieces. Place in dry, sterile container. Hair: Place Hair in dry, sterile container. Skin Scrapings: Place in sterile container with secured lid or between sterile slides in a sterile container with secured lid. Storage and Transport: **Room Temperature** In 14-28 Days

Nail, Hair or Skin. Indicate Source on request form.

#### CULTURE, FUNGAL (Blood)

Reported:

LAB CODE: 6053

| Specimen Requirements: | Maximum allowable volume of Whole Blood collected in 1 set of     |
|------------------------|---|
|                        | blood culture bottles. Use aseptic technique during venipuncture. |
| Collect:               | One Set of Blood Culture bottles                                  |
| Storage and Transport: | Room Temperature  |
| Reported:              | In 28-56 Days   |
|                        |   |

| CULTURE, FUNGAL (Other Sou | rces) LAB CODE: 6052   |
|----------------------------|--|
| Specimen Requirements:     | Bone Marrow, Cerebrospinal Fluid, Corneal Scrapings, Tissues,<br>Urine, Respiratory (throat, sputum, ear, nose), Urogenital-<br>Vaginal, stool or other cutaneous (exudates, pus, drainage, foot |
| Collect:                   | wound) specimens<br>Sterile (leakproof) Container  |

Storage and Transport:

Reported:

Collect:

Notes:

Please call Client Services for source specific collection instructions. Varies by source

#### CULTURE, GONORRHEA

Specimen Requirements: Swab in Transport Media Swab Room Temperature. Do not refrigerate after collection. Storage and Transport: Reported: In 3-5 Days Specimen must be received within 24 hours of collection. Organism identification and beta-lactamase testing is automatically performed on all significant isolates. Additional charges apply for these procedures.

#### CULTURE, GENITAL

LAB CODE: 6008

LAB CODE: 6003

| Specimen Requirements: | Swab in Transport Media. Specify Source.  |
|------------------------|---|
| Collect:               | Swab  |
| Storage and Transport: | Room Temperature. Do not refrigerate after collection.  |
| Reported:              | In 3-5 Days   |
| Notes:                 | Organism identification and sensitivities are automatically<br>performed on all significant isolates. Additional charges and<br>CPT coding are dependent on methods and number of anti-<br>microbic tested. |

#### CULTURE, HERPES SIMPLEX VIRUS

LAB CODE: 5908

| Specimen Requirements: | Viral Transport Media   |
|------------------------|---|
| Collect:               | Viral Media   |
| Storage and Transport: | Refrigerated  |
| Reported:              | In 6-8 Days   |
| Notes:                 | Unacceptable specimens: Whole blood, urine, stool, wooden swabs, and calcium alginate Specify exact specimen source/origin. |

# CULTURE, ROUTINE (See Culture, Aerobic)

CULTURE, SPUTUM / RESPIRATORY (includes Gram Stain)

| Specimen Requirements: | Sputum  |
|------------------------|---|
| Collect:               | First morning sputum in Sterile Container                           |
| Storage and Transport: | Refrigerated  |
| Reported:              | In 2-3 Days   |
| Notes:                 | Do not collect more than one specimen per day. Organism             |
|                        | identification and sensitivities are automatically performed on all |
|                        | significant isolates. Additional charges and CPT coding are         |
|                        | dependent on methods and number of anti-microbic tested. Beta       |

| CULTURE, STOOL (includes Shiga Toxin 1 / 2 and Campylobacter Antigen) L | LAB CODE: 6005 |
|---|----------------|
|---|----------------|

| Specimen Requirements:<br>Collect:            | Stool<br>Sterile Specimen Container or clean vial. Cary-Blair transport<br>swab is acceptable. One stool culture specimen per day is<br>adequate.   |
|---|---|
| Storage and Transport:<br>Reported:<br>Notes: | Refrigerated<br>In 3-5 Days<br>Organism identification and sensitivities are automatically<br>performed on all significant isolates. Additional charges and                                     |
|   | CPT coding are dependent on methods and number of anti-<br>microbics tested. Routine screening includes Salmonella Shigella,<br>Campylobacter Antigen, Yersinia, Vibrio and Shiga Toxins 1 & 2. |

# CULTURE, SYNOVIAL FLUID (includes Gram Stain)

| Specimen Requirements:<br>Collect:            | Synovial Fluid<br>Aseptically aspirated fluid in sterile container or cup. Syringe<br><u>without</u> needle is acceptable for small quantities. Syringes with<br>needles will not be accepted. Swab is acceptable but not<br>optimal.  |
|---|--|
| Storage and Transport:<br>Reported:<br>Notes: | Room Temperature<br>In 3-5 Days<br>Organism identification and sensitivities are automatically<br>performed on all significant isolates. Additional charges and<br>CPT coding are dependent on methods and number of anti-<br>microbic tested. Beta lactamase testing will be performed only<br>for Neisseria. |

#### CULTURE, THROAT / NOSE / NARES

LAB CODE: 6006

LAB CODE: 6010

| Specimen Requirements:<br>Collect: | Swab in Transport Media<br>Swab   |
|------------------------------------|---|
| Storage and Transport:             | Room Temperature  |
| Reported:                          | In 2-3 Days   |
| Notes:                             | Do not collect more than one specimen per day. Organism<br>identification and sensitivities are automatically performed on all<br>significant isolates. Additional charges and CPT coding are<br>dependent on methods and number of anti-microbic tested. Beta<br>lactamase testing will be performed only for Haemophilus,<br>Moraxella and Neisseria. Please indicate suspected MRSA, when<br>applicable. |

| CULTURE, URINE (with Colony Count) LAB CODE: 6007 |
|---|
|---|

Specimen Requirements: First Morning Clean Catch Midstream or Catheterized Urine

| Collect:               | Urine in a sterile, leakproof container. Keep Refrigerated. Swab specimens are undesirable and cannot be used for colony counts.  |
|------------------------|---|
| Storage and Transport: | Refrigerated  |
| Reported:              | In 2-3 Days   |
| Notes:                 | Do not collect more than one specimen per day. Organism<br>identification and sensitivities are automatically performed on all<br>significant isolates. Additional charges and CPT coding are<br>dependent on methods and number of anti-microbic tested. |
| Billing Notes:         | Medicare Limited Coverage Test  |
|                        |   |

# CULTURE, VIRAL

LAB CODE: 5730

LAB CODE: 5225

Specimen Requirements: Collect: Storage and Transport: Reported:

Swab in M4 Viral Transport Media or Viral Transport Media. Specify Source. M4 Transport Media Frozen In 10-26 Days

CYCLOSPORA (See Cryptosporidium Smear)

CYANOCOBALAMIN (See Vitamin B12)

|  | CYTOLOGY, URINE                                    | LAB CODE: 8110   |
|--|--|--|
| Collect:<br>Collection Instructions:<br>Sterile Container<br>For specimens from males, a midday voided urine is preferred<br>For specimens from females, a catherized urine is best in ord<br>to avoid vaginal contamination. If this is not possible, a midda<br>mid-stream specimen is satisfactory. If the patient he<br>hematuria, it is best to hydrate him/her before collecting th<br>specimen. This is accomplished by having the patient drink or<br>glass of water every 30 minutes for a 3 hour period. A specime<br>collected over a period of time is unacceptable. Three uring<br>from the same day or from three consecutive days a | Collection Instructions:<br>Storage and Transport: | For specimens from males, a midday voided urine is preferred.<br>For specimens from females, a catherized urine is best in order<br>to avoid vaginal contamination. If this is not possible, a midday<br>mid-stream specimen is satisfactory. If the patient has<br>hematuria, it is best to hydrate him/her before collecting the<br>specimen. This is accomplished by having the patient drink one<br>glass of water every 30 minutes for a 3 hour period. A specimen<br>collected over a period of time is unacceptable. Three urines<br>from the same day or from three consecutive days are<br>satisfactory. The specimen should be refrigerated. All containers<br>must be labeled with patient name, date and time collected.<br>Refrigerated |

#### CYTOMEGALOVIRUS ANTIBODY, IgG

Specimen Requirements: Collect: Storage and Transport: Reported:

1mL Serum Serum Separator Tube Refrigerated In 3-5 Days

#### DEHYDROEPIANDROSTERONE (See DHEA)

#### DEHYDROEPIANDROSTERONE-SULFATE (See DHEA-S)

DEPAKENE (See Valproic Acid)

#### DHEA (Dehydroepiandrosterone)

**Specimen Requirements:** Collect: Storage and Transport: Reported:

2mL Serum Serum Separator Tube Refrigerated In 4-6 Days

#### DHEA SULFATE

Specimen Requirements: Collect: Storage and Transport: Reported:

1mL Serum Serum Separator Tube Refrigerated In 3-5 Days

#### **DIGOXIN** (Lanoxin)

Specimen Requirements: 1mL Serum. 6-8 Hours after last dose. Collect: Serum Separator Tube or Plain Red Top Tube Storage and Transport: Refrigerated Reported: In 1 Day. Same Day Results available in certain areas. **Billing Notes:** Medicare Limited Coverage Test

#### **DILANTIN** (See Phenytoin)

DOPAMINE (See Catecholamines, Fractionated)

#### EBV (See Epstein Barr Virus)

#### EPSTEIN BARR VIRUS (EBV) AB TO EARLY AG, IgG

**Specimen Requirements:** Collect: Storage and Transport: Reported:

1mL Serum Serum Separator Tube Frozen In 3-5 Days

LAB CODE: 5235

LAB CODE: 2000

LAB CODE: 5234

LAB CODE: 5190

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Specimen Requirements: Collect: Storage and Transport: Reported: 1mL Serum Serum Separator Tube Frozen In 3-5 Days

# EPSTEIN BARR VIRUS (EBV) AB TO VIRAL CAPSID AG (VCA), IgG

Specimen Requirements: Collect: Storage and Transport: Reported:

1 mL Serum Serum Separator Tube Frozen In 3-5 Days

#### EPSTEIN BARR VIRUS (EBV) AB TO VIRAL CAPSID AG (VCA), IgM

Specimen Requirements: Collect: Storage and Transport: Reported:

1mL Serum Serum Separator Tube Frozen In 3-5 Days

2mL EDTA Whole Blood

collection.

In 1 Day

Refrigerated

ELECTROLYTES (See Profile Section at the end of the Test Listing)

ENA (See Extractable Nuclear Antigen Antibodies)

# ENVIRONMENTAL CULTURE (See Culture, Environmental)

| EOSINOPHIL COUNT (ABSOLUTE) |  |
|-----------------------------|--|
|                             |  |

Specimen Requirements: Collect:

Storage and Transport: Reported:

# EOSINOPHIL NASAL SMEAR

Specimen Requirements: Collect: Storage and Transport: Reported: Nasal smear submitted on glass slide. Glass slide submitted in slide holder. Room Temperature In 1 Day

Lavender Top Tube. Invert tube 5 times immediately after

LAB CODE: 5197

LAB CODE: 3506

LAB CODE: 5196

| 1mL Serum   |
|---|
| Serum Separator Tube. Centrifuge. Transfer Serum from SST |
| into plastic transfer tube.                               |
| Refrigerated  |
| In 3-5 Days   |
| Recommend collection between 7:30am and Noon.             |
|   |

ESR (See Sedimentation Rate)

#### **ESTRADIOL**

**Specimen Requirements:** Collect: Storage and Transport: Reported:

2mL Serum Serum Separator Tube Refrigerated In 1-3 Days

# ESTROGEN, TOTAL

Specimen Requirements: Collect: Storage and Transport: Reported:

3mL Serum Serum Separator Tube Refrigerated In 2-5 Days

# ESTRONE

Specimen Requirements: Collect: Storage and Transport: Reported:

1mL Serum Serum Separator Tube Refrigerated In 3-5 Days

#### EXTRACTABLE NUCLEAR ANTIGEN ANTIBODIES (Anti-Sm & Anti-RNP)

Specimen Requirements: Collect: Storage and Transport: Reported:

1mL Serum Serum separator tube Refrigerated In 1-3 Days

# FECAL FAT, QUALITATIVE

Specimen Requirements: Collect: Storage and Transport: Reported:

0.5mL Random Stool Airtight Sterile Container Refrigerated In 1-3 Day

LAB CODE: 6031

LAB CODE: 5257

LAB CODE: 50006

LAB CODE: 5255

#### FECAL LEUKOCYTES (See Lactoferrin)

#### FERRITIN

Specimen Requirements: Collect: Storage and Transport: Reported: Billing Notes: 2mL Serum Serum Separator Tube Refrigerated In 1 Day. Same Day Results available in certain areas. Medicare Limited Coverage Test

FINE NEEDLE ASPIRATE (See Cytology, Fine Needle Aspirate)

FLUORESCENT TREPONEMAL ANTIBODY (See FTA-ABS)

# FOLIC ACID (Folate)

Specimen Requirements: Collect: Storage and Transport: Reported: Notes: Billing Notes: 2mL Serum. Protect from Light. Serum Separator Tube Refrigerate In 1-3 Days Fasting recommended. Medicare Limited Coverage Test

# FOLLICLE STIMULATING HORMONE (FSH)

Specimen Requirements: Collect: Storage and Transport: Reported: 2mL Serum Serum Separator Tube Refrigerated In 1-3 Days

#### FSH (See Follicle Stimulating Hormone)

FTA-ABS (Fluorescent Treponemal Antibody)

Specimen Requirements:2mCollect:SerStorage and Transport:RefReported:In 3Billing Notes:Me

2mL Serum. Indicate patient's date of birth. Serum Separator Tube Refrigerated In 3-5 Days Medicare Limited Coverage Test

LAB CODE: 2604

LAB CODE: 2662

LAB CODE: 5276

| Specimen Requirements: | 1mL Serum  |
|------------------------|--|
| Collect:               | Serum Separator Tube                                   |
| Storage and Transport: | Refrigerated   |
| Reported:              | In 1 Day. Same Day Results available in certain areas. |
| Billing Notes:         | Medicare Limited Coverage Test                         |

# GASTRIN

LAB CODE: 5290

LAB CODE: 2210

Specimen Requirements: Collect:

Storage and Transport: Reported: Notes: 2mL Serum Serum Separator Tube. Centrifuge. Transfer Serum from SST into 2 plastic vials ASAP. Freeze immediately. Frozen In 4-7 Days Patient should fast 12 hours prior to collection. Please submit a separate sample for any additional tests requiring a frozen sample.

GESTATIONAL GLUCOSE CHALLENGE (See Glucose, 50 Gram Screen)

GGT (See Gamma-Glutamyltransferase)

| GIARDIA LAMBLIA ANTIGEN            | LAB CODE: 5141   |
|------------------------------------|--|
| Specimen Requirements:<br>Collect: | 10 g fresh stool refrigerated or Preserved Stool in Ecofix or Unifix<br>Sterile leak-proof specimen container. No more than 1 specimen |
| Collect:                           | per day.   |
| Storage and Transport:             | Refrigerated.  |
| Reported:                          | In 3-5 Days  |

# GLUCOSE, BODY FLUID

Notes:

Specimen Requirements: Collect: Storage and Transport: Reported: 1 mL Body Fluid Plain Red Top Tube Refrigerated In 1 Day

PVA not acceptable

| Specimen Requirements:<br>Collect: | 1mL Serum or 1mL Sodium Fluoride Plasma<br>Serum Separator Tube or Gray Top Tube. Indicate if patient is<br>fasting.                  |
|------------------------------------|---|
| · · ·                              | 5   |
| Storage and Transport:             | Refrigerated  |
| Reported:                          | In 1 Day. Same Day Results available in certain areas.  |
| Billing Notes:                     | Medicare Limited Coverage Test  |
| Notes:                             | If using a Gray Top Tube, specimen must be centrifuged and<br>plasma transferred into a plastic transfer tube as soon as<br>possible. |

| GLUCOSE, 50 GRAM SCREEN            | LAB CODE: 2101   |
|------------------------------------|--|
| Specimen Requirements:<br>Collect: | 1 mL Serum or 1mL Sodium Fluoride Plasma<br>Serum Separator Tube or Gray top tube. Remove plasma from                  |
|                                    | Gray Top tube and submit in plastic transfer tube. Collect specimen one hour after giving patient 50 grams of Glucola. |
|                                    | Patient does not need to be fasting.   |
| Storage and Transport:             | Refrigerated   |
| Reported:                          | In 1 Day. Same Day Results available in certain areas.   |

#### GLUCOSE TOLERANCE TEST (GTT)

This test requires that a series of specimens be drawn. The first specimen collected is a fasting glucose. The patient is then given 100 grams of Glucola to drink within 5 minutes. 30 minutes after consumption, the second sample (1/2 Hour Glucose) is drawn. 30 minutes later the third (1 Hour) specimen is drawn. Thereafter, one specimen is drawn every hour for the duration of the testing period. Each specimen must be labeled with the time drawn. If this test is to be drawn at an IML Patient Service Center, please call for an appointment.

#### GLUCOSE TOLERANCE (1 HOUR)

Includes: Specimen Requirements: Collect: Storage and Transport: Reported: Fasting Glucose, ½ Hour Glucose, 1 Hour Glucose 2mL Serum or Sodium Fluoride Plasma (each specimen) Serum Separator Tube or Gray Top Tube (each specimen) Refrigerated In 1 Day

#### GLUCOSE TOLERANCE (2 HOUR)

Includes:

Specimen Requirements: Collect: Storage and Transport: Reported: Fasting Glucose, <sup>1</sup>/<sub>2</sub> Hour Glucose, 1 Hour Glucose, 2 Hour Glucose 2mL Serum or Sodium Fluoride Plasma (each specimen) Serum Separator Tube or Gray Top Tube (each specimen) Refrigerated In 1 Day

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LAB CODE: 2217

LAB CODE: 1501

# GLUCOSE TOLERANCE (3 HOUR)

#### Includes:

Specimen Requirements: Collect: Storage and Transport: Reported: Fasting Glucose, <sup>1</sup>/<sub>2</sub> Hour Glucose, 1 Hour Glucose, 2 Hour Glucose, 3 Hour Glucose 2mL Serum or Sodium Fluoride Plasma (each specimen) Serum Separator Tube or Gray Top Tube (each specimen) Refrigerated In 1 Day

# GLYCOHEMOGLOBIN (See Hemoglobin $A_1C$ )

GLYCOSYLATED HEMOGLOBIN (See Hemoglobin A<sub>1</sub>C)

GONORRHEA CULTURE (See Culture, Gonorrhea)

# GRAM STAIN

LAB CODE: 6011

Specimen Requirements: Collect: Storage and Transport: Reported: Culturette Swab, direct smear or specimen in sterile container Swab, Smear, Sterile Container. Room Temperature In 1 Day

# GROWTH HORMONE

LAB CODE: 5300

LAB CODE: 5302

Specimen Requirements:2mL SerumCollect:Serum Separator TubeStorage and Transport:RefrigeratedReported:In 3-5 DaysNote:Patient should fast for 12 hours and rested for 30 minutes<br/>prior to collection

# H & H (See Hemoglobin & Hematocrit)

# HAPTOGLOBINS

Specimen Requirements: Collect: Storage and Transport: Reported: 2mL Serum Serum Separator Tube Refrigerated In 3-5 Days HBSAG (See Hepatitis B Surface Antigen)

HCG (See Beta-HCG)

#### HDL CHOLESTEROL

Specimen Requirements: 1mL Serum Collect: Serum Separator Tube Storage and Transport: Refrigerated Reported: In 1 Day. Same Day Results available in certain areas. **Billing Notes:** Medicare Limited Coverage Test

HPV (See Human Papillomavirus)

| HEMATOCRIT LAB CODE: 3001 |
|---------------------------|
|---------------------------|

| Specimen Requirements: | 2mL EDTA Whole Blood                                   |
|------------------------|--|
| Collect:               | Lavender Top Tube. Invert 5 times immediately after    |
|                        | collection.  |
| Storage and Transport: | Refrigerated   |
| Reported:              | In 1 Day. Same Day Results available in certain areas. |
| Billing Notes:         | Medicare Limited Coverage Test                         |
|                        |  |

#### **HEMOGLOBIN**

Collect:

Reported:

Billing Notes:

Specimen Requirements: 2mL EDTA Whole Blood Lavender Top Tube. Invert 5 times immediately after collection. Storage and Transport: Refrigerated In 1 Day. Same Day Results available in certain areas. Medicare Limited Coverage Test

# **HEMOGLOBIN & HEMATOCRIT**

2mL EDTA Whole Blood Specimen Requirements: Collect: Lavender Top Tube. Invert 5 times immediately after collection. Storage and Transport: Refrigerated Reported: In 1 Day. Same Day Results available in certain areas. **Billing Notes:** Medicare Limited Coverage Test

LAB CODE: 3009

LAB CODE: 3004

LAB CODE: 190

Specimen Requirements: Collect: Storage and Transport: Reported: Billing Notes: 1mL EDTA Whole Blood Lavender Top Tube Refrigerated In 1 Day. Same Day Results available in certain areas. Medicare Limited Coverage Test

#### HEMOGLOBIN A<sub>1</sub>C with Mean Plasma Glucose (estimated Average Glucose) LAB CODE: 197

| Specimen Requirements: | 1mL EDTA Whole Blood                                   |
|------------------------|--|
| Collect:               | Lavender Top Tube                                      |
| Storage and Transport: | Refrigerated   |
| Reported:              | In 1 Day. Same Day Results available in certain areas. |
| Billing Notes:         | Medicare Limited Coverage Test                         |

#### HEMOGRAM WITH PLATELETS (CBC without Differential)

LAB CODE: 3002

| Specimen Requirements:<br>Collect: | 3mL EDTA Whole Blood<br>Lavender Top Tube. Invert tube 5 times immediately after<br>collection. |
|------------------------------------|---|
| Storage and Transport:             | Refrigerated  |
| Reported:                          | In 1 Day. Same Day Results available in certain areas.  |
| Billing Notes:                     | Medicare Limited Coverage Test  |

# HEPATITIS A ANTIBODY, TOTAL

Specimen Requirements: Collect: Storage and Transport: Reported:

2mL Serum Serum Separator Tube Refrigerated In 2-5 Days

#### HEPATITIS A ANTIBODY, IgM

Specimen Requirements: Collect: Storage and Transport: Reported: 2mL Serum Serum Separator Tube Refrigerated In 2-5 Days

# HEPATITIS B CORE, TOTAL

Specimen Requirements: Collect: Storage and Transport: Reported: 2mL Serum Serum Separator Tube Refrigerated In 2-5 Days LAB CODE: 2707

LAB CODE: 2702

Specimen Requirements: Collect: Storage and Transport: Reported: 1 mL Serum Serum Separator Tube Refrigerated In 2-5 Days

# HEPATITIS B SURFACE ANTIBODY (IMMUNE STATUS), Quantitative

Specimen Requirements: Collect: Storage and Transport: Reported: Billing Notes: 2mL Serum Serum Separator Tube Refrigerated In 2-5 Days Medicare Limited Coverage Test

#### HEPATITIS B SURFACE ANTIGEN

LAB CODE: 2700

| Specimen Requirements: | 3mL Serum  |
|------------------------|--|
| Collect:               | Serum Separator Tube   |
| Storage and Transport: | Refrigerated   |
| Reported:              | In 2-5 Days  |
| Notes:                 | Positive screens will be automatically reflexed to Hepatitis B |
|                        | Surface Antigen Confirmation at an additional charge.          |
| Billing Notes:         | Medicare Limited Coverage Test                                 |

#### HEPATITIS BE ANTIGEN

Specimen Requirements: Collect: Storage and Transport: Reported:

1mL Serum Serum Separator Tube Refrigerated In 3-5 Days

# HEPATITIS C ANTIBODY

Specimen Requirements: Collect: Storage and Transport: Reported: 2mL Serum Serum Separator Tube Refrigerated In 2-5 Days

HEPATITIS PROFILE (See Profile Section)

HERPES CULTURE (See Culture, Herpes)

LAB CODE: 2667

Specimen Requirements: Collect: Storage and Transport: Reported: 1mL Serum Serum Separator Tube Refrigerated In 2-4 Days

# HERPES SIMPLEX 1 / 2, IgG and IgM

Specimen Requirements: Collect: Storage and Transport: Reported: 2mL Serum Serum Separator Tube Refrigerated In 2-4 Days

HISTOLOGY (See Pathology)

# HIV 1 ANTIGEN/ANTIBODY COMBINATION SCREEN

| Specimen Requirements: | 4mL Serum   |
|------------------------|---|
| Collect:               | Unopened Serum Separator Tube. Tube must be labeled with patient's complete name and date of birth.                                     |
| Storage and Transport: | Refrigerated  |
| Reported:              | In 2-5 Days for screen, 7-10 Days if confirmation is required   |
| Notes:                 | Positive Screens will automatically be reflexed to HIV ½ Ab<br>Differentiation Assa6 and HIV1 RNA Qualitative for additional<br>charge. |

#### HLA B27

Specimen Requirements:

Collect: Storage and Transport: Reported: Billing Notes: 10mL Heparinized Whole Blood. Include patient's race and diagnosis on requisition. Green Top Tube Refrigerated In 2-4 Days Medicare Limited Coverage Test

# HOMOCYSTEINE, QUANTITATIVE

Specimen Requirements: Collect:

Storage and Transport: Reported: Billing Notes: 2ml EDTA Plasma. Lavender Top Tube. Centrifuge and transfer plasma to transfer tube. Refrigerated In 3-5 Days Not covered by Medicare for Cardiac Screening

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LAB CODE: 5321

LAB CODE: 4020

LAB CODE: 5330

LAB CODE: 25182

#### HUMAN CHORIONIC GONADOTROPIN BETA CHAIN (HCG) (See Beta-HCG)

#### HUMAN PAPILLOMAVIRUS PROBE, High Risk

**Specimen Requirements:** Collect:

Digene Hybrid Capture or Cytyc ThinPrep® transport media Collect cervical specimen with cytology brush and place in Digene or Cytyc ThinPrep<sup>®</sup> test kit. Room temperature In 3-5 Days Medicare Limited Coverage Test

Storage and Transport: Reported: **Billing Notes:** 

IgA, IgD, IgE, IgG, IgM (See Immunoglobulins)

IMMUNOELECTROPHORESIS, SERUM (See Immunofixation)

#### IMMUNOELECTROPHORESIS, URINE (RANDOM OR 24 HOUR)

**Specimen Requirements:** Collect: Storage and Transport: Reported:

10mL Urine Sterile Urine Cup Refrigerated In 3-5 Days

#### IMMUNOFIXATION, SERUM with Pathologist's Interpretation

Includes: Specimen Requirements: Collect: Storage and Transport: Reported: Billing Notes:

Quantitative IgG, IgA, IgM and Immunofixation Interpretation. 3 mL Serum Serum Separator Tube Refrigerated In 3-7 Days Medicare Limited Coverage Test

# IMMUNOGLOBULIN A (IgA)

Specimen Requirements: Collect: Storage and Transport: Reported: **Billing Notes:** 

1mL Serum Serum Separator Tube Refrigerated In 3-7 Days Medicare Limited Coverage Test LAB CODE: 2683

LAB CODE: 5339

LAB CODE: 25219

# IMMUNOGLOBULIN E (IgE)

Specimen Requirements: Collect: Storage and Transport: Reported: Billing Notes: 1 ml Serum Serum Separator Tube Refrigerated In 2-4 Days Medicare Limited Coverage Test

#### IMMUNOGLOBULIN G (IgG)

Specimen Requirements: Collect: Storage and Transport: Reported: Billing Notes: 1mL Serum Serum Separator Tube Refrigerated In 3-7 Days Medicare Limited Coverage Test

# IMMUNOGLOBULIN M (IgM)

Specimen Requirements: Collect: Storage and Transport: Reported: Billing Notes: 1mL Serum Serum Separator Tube Refrigerated In 3-7 Days Medicare Limited Coverage Test

#### INDIRECT COOMBS (See Antibody Screen)

INR (See Prothrombin Time)

#### INSULIN

Specimen Requirements: Collect:

Storage and Transport: Reported: Notes: 1mL SerumSerum Separator Tube. Centrifuge. Transfer serum into plastic transfer tube.RefrigeratedIn 7 DaysPatient should be fasting.

# INSULIN-LIKE GROWTH FACTOR I (See Somatomedin-C)

#### LAB CODE: 2663

LAB CODE: 2682

LAB CODE: 2684

# IRON BINDING CAPACITY, TOTAL (TIBC) (Includes Total Iron)

LAB CODE: 2106

| Specimen Requirements: | 1mL Serum   |  |
|------------------------|---|--|
| Collect:               | Serum Separator Tube. Centrifuge within 1 hour of collection. |  |
| Storage and Transport: | Refrigerated  |  |
| Reported:              | In 1 Day. Same Day Results available in certain areas.        |  |
| Billing Notes:         | Medicare Limited Coverage Test                                |  |

#### IRON, TOTAL

LAB CODE: 2219

| Specimen Requirements: | 1 mL Serum  |  |
|------------------------|---|--|
| Collect:               | Serum Separator Tube. Centrifuge within 1 hour of collection. |  |
| Storage and Transport: | Refrigerated  |  |
| Reported:              | In 1 Day. Same Day Results available in certain areas.        |  |
| Billing Notes:         | Medicare Limited Coverage Test                                |  |
|                        |   |  |

ISOSPORIDIA (See Cryptosporidium Smear)

#### KIDNEY STONE ANALYSIS (See Stone Analysis)

#### KOH PREP

LAB CODE: 6012

Specimen Requirements: Collect: Storage and Transport: Reported; Hair, Skin or Nails Sterile Container Room Temperature In 1-2 Days

# LACTIC ACID

LAB CODE: 5359

| Specimen Requirements: | 2mL Sodium Fluoride Plasma  |  |
|------------------------|---|--|
| Collect:               | Gray Top Tube. Specimen should be collected without use of tourniquet or immediately after tourniquet has been applied. |  |
|                        | Patient should avoid any exercise of arm or hand 30 minutes   |  |
|                        | before or during specimen collection. Mix blood well and centrifuge immediately. Transfer Plasma into plastic transfer  |  |
|                        | tube and refrigerate.   |  |
| Storage and Transport: | Refrigerate   |  |
| Reported:              | In 3-5 Days   |  |
|                        |   |  |

#### LACTOFERRIN

LAB CODE: 6035

Specimen Requirements: Collect: Storage and Transport: Non-Preserved Stool. No more than one specimen per day. Sterile Container Refrigerated LANOXIN (See Digoxin)

# LD (LACTATE DEHYDROGENASE)

Specimen Requirements: Collect: Storage and Transport: Reported: 1mL Serum Serum Separator Tube. Separate serum from cells ASAP. Refrigerate. In 1 Day

# LDL CHOLESTEROL (DIRECT)

Specimen Requirements: Collect: Storage and Transport: Reported: Billing Notes: 1mL SerumSerum Separator TubeRefrigeratedIn 1 Day. Same Day Results available in certain areas.Medicare Limited Coverage Test

LDL CHOLESTEROL (CALCULATION) (See Profile Listing, Lipid Profile)

# LEAD, BLOOD

Reported:

Specimen Requirements: Collect:

Storage and Transport:

5mL EDTA Whole Blood Dark Blue Top Tube with EDTA. Collect with lead free materials. Refrigerated In 3-5 Days

#### LIPASE

LAB CODE: 2102

LAB CODE: 2020

| Specimen Requirements: | 1mL Serum  |
|------------------------|--|
| Collect:               | Serum Separator Tube                                   |
| Storage and Transport: | Refrigerated   |
| Reported:              | In 1 Day. Same Day Results available in certain areas. |

#### LITHIUM

Specimen Requirements:1mL SerumCollect:Serum Separator Tube. Collect at least 6 to 12 hours after last<br/>dose. Centrifuge after collection.Storage and Transport:Refrigerated<br/>In 2-4 Days.

LAB CODE: 2207

LAB CODE: 2238

#### LUMINAL (See Phenobarbital)

#### LUTEINIZING HORMONE (LH)

Specimen Requirements: Collect: Storage and Transport: Reported:

#### LYME DISEASE ANTIBODIES with Reflex to Blot)

2mL Serum

Refrigerated

In 1-3 Days

Serum Separator Tube

Specimen Requirements: Collect: Storage and Transport: Reported: Notes:

1mL Serum Serum Separator Tube Refrigerated 3-5 Days Immunoblot will be performed at additional charge on positive results. Not covered by Medicare

#### MAGNESIUM, SERUM

**Billing Notes:** 

1mL Serum Specimen Requirements: Serum Separator Tube. Centrifuge ASAP. Collect: Storage and Transport: Refrigerated Reported: In 1 Day. Same Day Results available in certain areas. Billing Notes: Medicare Limited Coverage Test

#### MAGNESIUM, URINE

Specimen Requirements: Collect: Storage and Transport: Reported: Billing Notes:

24 Hour Urine. Indicate collection time. 24 Hour Urine Container Refrigerated during and after collection In 1 Day Medicare Limited Coverage Test

# MEASLES ANTIBODY, IgG (RUBEOLA)

Specimen Requirements: Collect: Storage and Transport: Reported:

1mL Serum Serum Separator Tube Refrigerated In 3-5 Days

# MERCURY, BLOOD

Specimen Requirements:

5mL EDTA Whole Blood

LAB CODE: 2237

LAB CODE: 5249

LAB CODE: 25216

LAB CODE: 2228

LAB CODE: 5381

Collect: Storage and Transport: Reported: Dark Blue Top Tube with EDTA Refrigerated In 3-5 Days

MICROSPORIDIUM (See Cryptosporidium Smear)

MUMPS ANTIBODY, IgG

Specimen Requirements: Collect: Storage and Transport: Reported: 1mL Serum Serum Separator Tube Refrigerated In 3-5 Days

MYCOBACTERIA CULTURE (See Culture & Smear, Acid Fast)

MYCOPLASMA PNEUMONIAE, IgG, IgM

Specimen Requirements: Collect: Storage and Transport: Reported: 1mL Serum Serum Separator Tube Refrigerated In 3-5 Days

MYOGLOBIN, SERUM

Specimen Requirements: Collect: Storage and Transport: Reported: 1mL Serum Serum Separator Tube Refrigerated In 3-5 Days

# N. GONORRHEAE (See Gonorrheae)

NAPA (See Procainamide & NAPA)

LAB CODE: 5406

LAB CODE: 5408

# OCCULT BLOOD, FECAL by Immunoassay

| Specimen Requirements: | HemoSure Fecal Occult Blood Test Device                         |  |
|------------------------|---|--|
| Collect:               | Follow instructions in testing kit. Patients whose insurance    |  |
|                        | restricts which lab may perform testing may require a different |  |
|                        | kit.  |  |
| Storage and Transport: | Room Temperature  |  |
| Reported:              | In 1 Day  |  |
| Billing Notes:         | Medicare Limited Coverage Test                                  |  |

### OSMOLALITY, SERUM

Specimen Requirements: Collect: Storage and Transport: Reported: 2mL Serum Serum Separator Tube Refrigerated In 3-5 Days

#### OSMOLALITY, URINE

Specimen Requirements: Collect: Storage and Transport: Reported: 1 mL Random Urine Sterile Urine Container Refrigerated In 3-5 Days

# OVA & PARASITES (O & P) Cryptosporidium/Giardia Antigen LAB CODE: 6030

| Specimen Requirements:<br>Collect:<br>Collection Instructions: | Stool in Ecofix or Unifix. No more than one specimen per day.<br>O & P Container with Ecofix or Unifix<br>Collect specimen in a clean, dry container. Transfer specimen<br>to Ecofix container. Do not pass specimen into the toilet, or<br>directly into the Ecofix container. Do not urinate into the<br>specimen or allow any water to mix with the specimen. Label |
|--|--|
|  | container.   |
| Storage and Transport:   | Room Temperature   |
| Reported:  | 3-7 Days   |

LAB CODE: 5415

| Specimen Requirements:   | Cervical / Vaginal Pap Smear     |
|--------------------------|----------------------------------|
| Collect:                 | Pap Pack Collection Instructions |
| Collection Instructions: |                                  |

Label slide with patient name. Spray immediately with cytology fixative. The specimen should be obtained from the site nearest to the lesion if one is present. The smear must be fixed immediately. Do not use lubricant. The patient should be advised not to douche or have intercourse 24-48 hours prior to taking the smear. For optimal results, specimen should be collected 3 weeks following the first day of the Last Menstrual Period. Specimen should not be collected during any bleeding.

A completed requisition form needs to accompany the specimen. The following information is required: Patient's full name, Patient's date of birth, Date of last menstrual period, Date smear collected, Source, Pertinent clinical history i.e. BCP, pregnant, hysterectomy, etc.

| Storage and Transport: | Room Temperature               |
|------------------------|--------------------------------|
| Reported:              | In 5-7 Days                    |
| Billing Notes:         | Medicare Limited Coverage Test |

| PAP SMEAR, ThinPrep <sup>®</sup> (Monolayer) Methodology LAB CODE: 25217 |
|--|
|--|

| Specimen Requirements:    | Cervical / Vaginal Pap Smear Specimen           |
|---------------------------|---|
| Collect:                  | Cytyc Thin Prep <sup>®</sup> specimen container |
| Collections Instructions: |   |

Label container with patient name. The specimen should be obtained from the site nearest to the lesion if one is present. Do not use lubricant. The patient should be advised not to douche or have intercourse 24-48 hours prior to taking the smear. Collect with spatula followed by brush. Swirl brush and spatula in vial. For optimal results, specimen should be collected 3 weeks following the first day of the Last Menstrual Period. Specimen should not be collected during any bleeding.

A completed requisition form needs to accompany the specimen. The following information is required: Patient's full name, Patient's date of birth, Date of last menstrual period, Date smear collected, Source, Pertinent clinical history i.e. BCP, pregnant, hysterectomy, etc.

| Storage and Transport: | Room Temperature               |
|------------------------|--------------------------------|
| Reported:              | In 5-7 Days                    |
| Billing Notes:         | Medicare Limited Coverage Test |

#### PARATHYROID HORMONE, INTACT

Specimen Requirements: Collect: Storage and Transport: Reported: Notes: T 2 mL Serum.

Serum Separator Tube. Centrifuge. Refrigerated In 1-3 Days Please submit a separate sample for any additional tests requiring a frozen sample.

Г

| PARTIAL THROMBOPLASTIN TIME (PTT) |                                    | LAB CODE: 4303  |                               |
|-----------------------------------|------------------------------------|---|-------------------------------|
|                                   | Specimen Requirements:<br>Collect: | Complete Tube Citrated Whole Blo<br>Light Blue Top Tube. Invert tube 5<br>must be completely filled to "fill" li<br>or overfilled will be rejected. | itimes after collection. Tube |
|                                   | Storage and Transport:             | Refrigerated  |                               |

In 1 Day. Same Day Results available in certain areas.

# PATHOLOGY

Reported:

Specimen submitted for pathology examination are categorized by Level in accordance with the specimen source and type as outlined by the American Medical Association in their Current Procedure Terminology (CPT) Book by the examining pathologist. Each separately identified or submitted specimen is processed as an individual sample and is charged as such. Additional procedures such as decalcification or special stains will be ordered as required by the pathologist to aid in diagnosis.

Tissue should be submitted in a sterile, leakproof formalin-filled container at Room Temperature, labeled with patient's name, source and site. Tissue containers with formalin fixative are available from the IML Supply Department.

| Specimen Requirements:<br>Collect: | Formalin Fixed Tissue<br>Leakproof Container with Formalin Fixative |
|------------------------------------|---|
| Storage and Transport:             | Room Temperature  |
| Reported:                          | In 4-7 Days   |
| Billing Notes:                     | Medicare Limited Coverage Test                                      |

#### PHENYTOIN

LAB CODE: 2005

LAB CODE: 2204

| Specimen Requirements: | 1mL Serum  |
|------------------------|--|
| Collect:               | Serum Separator Tube or Plain Red Top Tube             |
| Storage and Transport: | Refrigerated   |
| Reported:              | In 1 Day. Same Day Results available in certain areas. |

#### PHOSPHORUS, INORGANIC, SERUM

| Specimen Requirements: | 1mL Serum  |
|------------------------|--|
| Collect:               | Serum Separator Tube. Centrifuge within 2 hours of collection. |
| Storage and Transport: | Refrigerated   |
| Reported:              | In 1 Day. Same Day Results available in certain areas.         |
| Billing Notes:         | Medicare Limited Coverage Test                                 |

**Specimen Requirements:** 

Storage and Transport:

Collect: Storage and Transport: Reported: **Billing Notes:** 

IML.05.2017

24 Hour Urine 24 Hour Urine Container. Record collection time. Refrigerated during and after collection In 1 Day

PLATELET COUNT

Collect:

Reported:

LAB CODE: 3005

| Specimen Requirements:<br>Collect:  | 3mL EDTA Whole Blood<br>Lavender Top Tube. Invert tube 5 times immediately after<br>collection. |
|-------------------------------------|---|
| Storage and Transport:<br>Reported: | Refrigerated<br>In 1 Day. Same Day Results available in certain areas.                          |
| Notes:                              | If patient shows platelet clumping with EDTA, draw Light Blue                                   |
| Billing Notes:                      | Top Tube or indicate on order.<br>Medicare Limited Coverage Test                                |

#### POTASSIUM, SERUM

LAB CODE: 2212

| Specimen Requirements: | 1mL Serum  |
|------------------------|--|
| Collect:               | Serum Separator Tube. Centrifuge ASAP.                 |
| Storage and Transport: | Refrigerated   |
| Reported:              | In 1 Day. Same Day Results available in certain areas. |

# POTASSIUM, URINE

Specimen Requirements: Collect: Storage and Transport: Reported:

10mL Random Urine Sterile Urine Cup Refrigerated In 1 Day

#### POTASSIUM, 24 HOUR URINE

Specimen Requirements:

24 Hour Urine 24 Hour Urine Container. Record collection time. Refrigerated during and after collection In 1 Day Medicare Limited Coverage Test

PREGNANCY TEST, QUALITATIVE, SERUM (See Beta-hCG, Qualitative)

PREGNANCY TEST, QUANTITATIVE, SERUM (See Beta-hCG, Quantitative)

LAB CODE: 2235

# PROGESTERONE

Specimen Requirements: Collect: Storage and Transport: Reported: 2mL Serum. Patient's age and sex required. SST or Plain Red Top Tube (preferred) Refrigerated. In 3-7 Days

#### PROLACTIN

Specimen Requirements: Collect: Storage and Transport: Reported: 2mL Serum Serum Separator Tube Refrigerated In 3-7 Days

PRONESTYL (See Procainamide)

# PROSTATIC ACID PHOSPHATASE (PAP)

Specimen Requirements: Collect: Storage and Transport: Reported: Billing Notes: 2mL Serum Serum Separator Tube. Refrigerated In 5-7 Days Medicare Limited Coverage Test

#### PROSTATIC SPECIFIC ANTIGEN (PSA)

Specimen Requirements: Collect: Storage and Transport:

Reported: Billing Notes: 2mL SerumSerum Separator Tube.Refrigerate. Freeze if not submitted to laboratory on same day specimen is collected.In 1 Day. Same Day Results available in certain areas.Medicare Limited Coverage Test

# PROSTATIC SPECIFIC ANTIGEN, FREE (includes PSA )

Specimen Requirements: Collect: Storage and Transport: Reported: Billing Notes: 2mL Serum Serum Separator Tube Refrigerated In 3-5 Days Medicare Limited Coverage Test LAB CODE: 2668

LAB CODE: 51050

LAB CODE: 2650

LAB CODE: 2660

Specimen Requirements: Collect: Storage and Transport: Reported: Notes: Billing Notes: 2mL Serum Serum Separator Tube Refrigerated In 3-7 Days Test includes Total Protein Medicare Limited Coverage Test

# PROTEIN ELECTROPHORESIS, SERUM w/ Pathologist's Interpretation LAB CODE: 25206

Specimen Requirements: Collect: Storage and Transport: Reported: Notes: Billing Notes:

2mL Serum Serum Separator Tube Refrigerated In 3-7 Days Test includes Total Protein Medicare Limited Coverage Test

# PROTEIN ELECTROPHORESIS, SERUM w Reflex to IFE and Interpretation LAB CODE: 25203

Specimen Requirements: Collect: Storage and Transport: Reported: Notes: Billing Notes: 2mL Serum Serum Separator Tube Refrigerated In 3-7 Days Test includes Total Protein Medicare Limited Coverage Test

# PROTEIN ELECTROPHORESIS, URINE (Includes Total Protein)

Specimen Requirements: Collect: Storage and Transport: Reported: Billing Notes: 10mL Random Urine Sterile Urine Cup Refrigerated In 3-5 Days Medicare Limited Coverage Test

# PROTEIN TOTAL, BODY FLUID

Specimen Requirements: Collect: Storage and Transport: Reported: Billing Notes: 1 mL Body Fluid Plain Red top tube Refrigerate In 1 Day Medicare Limited Coverage Test

# LAB CODE: 25204

LAB CODE: 3046

#### PROTEIN TOTAL, SERUM

Specimen Requirements: Collect: Storage and Transport: Reported: Billing Notes: 1mL SerumSerum Separator Tube. Centrifuge within 4 hours of collection.RefrigeratedIn 1 Day. Same Day Results available in certain areas.Medicare Limited Coverage Test

#### PROTEIN TOTAL, URINE 24 HOUR

LAB CODE: 2254

| Specimen Requirements: | 24 Hour Urine  |
|------------------------|--|
| Collect:               | 24 Hour Urine Container. Record collection time.       |
| Storage and Transport: | Refrigerated during and after collection               |
| Reported:              | In 1 Day. Same Day Results available in certain areas. |
| Billing Notes:         | Medicare Limited Coverage Test                         |

#### PROTEIN TOTAL, URINE RANDOM

LAB CODE: 2253

| Specimen Requirements: | 10 mL Urine  |
|------------------------|--|
| Collect:               | Sterile Urine Cup                                      |
| Storage and Transport: | Refrigerated   |
| Reported:              | In 1 Day. Same Day Results available in certain areas. |
| Billing Notes:         | Medicare Limited Coverage Test                         |
|                        |  |

#### PROTHROMBIN TIME (PROTIME)(PT) with INR

LAB CODE: 4300

| Specimen Requirements:<br>Collect: | Complete Tube Sodium Citrated Whole Blood<br>Light Blue Top Tube. Invert 5 times after collection. Tube must<br>be completely filled to "fill" line for testing. Tubes not<br>completely filled or overfilled will be rejected. |
|------------------------------------|---|
| Storage and Transport:             | Refrigerated  |
| Reported:                          | In 1 Day. Same Day Results available in certain areas.  |
| Billing Notes:                     | Medicare Limited Coverage Test  |

PROTOPORPHYRIN, RBC (See Porphyrins, RBC)

PSA (See Prostatic Specific Antigen)

PSA FREE (See Prostatic Specific Antigen Free)

PT (See Prothrombin Time)

PTT (See Partial Thromboplastin Time)

RA (See Rheumatoid Factor)

RAPID PLASMA REAGIN (See RPR)

RAST TESTING (See Allergy Testing)

RBC COUNT (Red Blood Cell)

LAB CODE: 3006

| 2mL EDTA Whole Blood                                       |
|--|
| Lavender Top Tube. Invert 5 times after collection.        |
| Refrigerated. Same Day Results available in certain areas. |
| In 1 Day   |
|  |

#### RENIN (PLASMA)

LAB CODE: 5458

| Specimen Requirements: | 2mL EDTA Plasma. Patient should not be on medications for at least 48 hours prior to collection of specimen. Note patient's posture. |
|------------------------|--|
| Collect:               | Lavender Top Tube. Centrifuge. Transfer plasma into 2<br>plastic transfer tubes. Freeze immediately.                                 |
| Storage and Transport: | Frozen   |
| Reported:              | In 4-6 Days  |
| Notes:                 | Please submit a separate sample for any additional tests requiring a frozen sample.  |

# RETICULOCYTE COUNT (RETIC)

LAB CODE: 3505

| Specimen Requirements: | 2mL EDTA Whole Blood                                     |
|------------------------|--|
| Collect:               | Lavender Top Tube. Invert tube 5 times immediately after |
|                        | collection.  |
| Storage and Transport: | Refrigerated   |
| Reported:              | In 1-2 Days  |
| Billing Notes:         | Medicare Limited Coverage Test                           |
|                        |  |

RETINOL (See Vitamin A)

# RHEUMATOID FACTOR (RA), QUANTITATIVE

LAB CODE: 4004

Specimen Requirements: Collect: Storage and Transport: Reported: Billing Notes: 1mL Serum Serum Separator Tube Refrigerated In 1-3 Days Medicare Limited Coverage Test

#### ROUTINE CULTURE (See Culture, Aerobic)

#### RPR (RAPID PLASMA REAGIN)

LAB CODE: 4000

LAB CODE: 3030

| Specimen Requirements: | 1mL Serum  |
|------------------------|--|
| Collect:               | Serum Separator Tube   |
| Storage and Transport: | Refrigerated   |
| Reported:              | In 3-7 Days  |
| Notes:                 | Positive results on this test will automatically reflex to a titer at an additional charge. FTA is not reflexed automatically. |
| Billing Notes:         | Medicare Limited Coverage Test   |

#### RUBEOLA (See Measles)

| SEDIMENTATION RATE, Westergren (ESR) LAB CODE: 3      |   | LAB CODE: 3500 |
|---|---|----------------|
| Specimen Requirements:<br>Collect:                    | 2mL EDTA Whole Blood<br>Lavender Top Tube. Invert tube 5 t<br>collection. Specimen must be subn<br>it is collected. | ,              |
| Storage and Transport:<br>Reported:<br>Billing Notes: | Refrigerated<br>In 1 Day<br>Medicare Limited Coverage Test  |                |

#### SEMEN ANALYSIS, COMPLETE (Fertility evaluation)

Specimen Requirements: Semen Sample Collect: Sterile Urine Cup **Body Temperature** Storage and Transport: Reported: In 1 Day Notes: This test requires a fresh specimen; therefore, this procedure is available only by appointment. Please book appointment online at www.internationalmedicallab.com or call Client Services for availability. Patient should have between two and seven days of sexual abstinence before producing the specimen. The World Health Organization experts (WHO) recommend that two ejaculates be evaluated initially. These samples should be collected at least seven days apart and not more than three months apart. If any of the major parameters are abnormal, additional ejaculates should be evaluated. Specimen should be collected at home in a clean, dry container by masturbation or coitus interruptus. Patient should not collect specimen in a condom or use a condom, lubricant or other contaminant as this will affect results. Entire collected specimen should be submitted in a container labeled with patient name and time of collection. Specimen must be kept warm (close to the body) and dropped off at the lab within 20 minutes of collection.

#### SEMEN ANALYSIS, POST VASECTOMY

LAB CODE: 3035

#### SJÖGRENS'S ANTIBODIES (SSA & SSB)

LAB CODE: 50004

Specimen Requirements: Collect: Storage and Transport: Reported: Billing Notes: 1mL Serum Serum Separator Tube Refrigerated In 3-7 Days Medicare Limited Coverage Test Specimen Requirements: Collect: Storage and Transport: Reported: 1mL SerumSerum Separator Tube. Centrifuge ASAP.RefrigeratedIn 1 Day. Same Day Results available in certain areas.

24 Hour Urine Container. Record collection time.

Refrigerated during and after collection

#### SODIUM, RANDOM URINE

Specimen Requirements: Collect: Storage and Transport: Reported: 10 mL Random Urine Sterile Urine Cup Refrigerated In 1 Day

24 Hour Urine

In 1 Day

#### SODIUM, 24 HOUR URINE

Specimen Requirements: Collect: Storage and Transport: Reported:

#### SSA ANTIBODIES (ANTI-RO)

Specimen Requirements: Collect: Storage and Transport: Reported: Billing Notes:

1mL Serum Serum Separator Tube Refrigerated In 3-7 Days Medicare Limited Coverage Test

#### SSB ANTIBODIES (ANTI-LA)

Specimen Requirements: Collect: Storage and Transport: Reported: Billing Notes: 1mL Serum Serum Separator Tube Refrigerated In 3-7 Days Medicare Limited Coverage Test

#### STONE (CALCULI) ANALYSIS

Specimen Requirements:

Collect: Storage and Transport: Reported: Stone. Do not attach to Cellulose Tape. Do not submit in liquid. Indicate type of stone submitted. Sterile Container or transfer tube Room Temperature In 3-5 Days

LAB CODE: 2234

LAB CODE: 50002

LAB CODE: 2250

LAB CODE: 2211

Refrigerated In 1 Day

LAB CODE: 5358

# STOOL CULTURE (See Culture, Stool)

STOOL FOR WBCs (See Fecal Leukocytes)

SURGICAL PATHOLOGY PROCEDURES (See Pathology)

T3 (See Triiodothyronine)

T4 (See Thyroxine)

# TESTOSTERONE, FREE

Specimen Requirements: Collect: Storage and Transport: Reported:

2mL Serum Serum Separator Tube Refrigerated In 3-5 Days

# TESTOSTERONE, TOTAL

Specimen Requirements: Collect: Storage and Transport: Reported: 2mL Serum Serum Separator Tube Refrigerated In 1-3 Days

THC SCREEN (See Cannabinoid Screen)

THIAMINE (See Vitamin B1)

THROAT CULTURE (See Culture, Throat)

THYROCALCITONIN (See Calcitonin)

LAB CODE: 5497

Specimen Requirements: Collect: Storage and Transport: Reported: 3mL Serum Serum Separator Tube Refrigerated In 3-5 Days

THYROGLOBULIN ANTIBODIES (See Anti-Thyroglobulin Antibodies)

THYROID ANTIBODIES (See Anti-Thyroid Antibodies)

THYROID PEROXIDASE ANTIBODIES (See Anti-Thyroid Peroxidase Antibodies)

THYROID STIMULATING HORMONE (TSH)

LAB CODE: 2610

| Specimen Requirements: |
|------------------------|
| Collect:               |
| Storage and Transport: |
| Reported:              |
| Billing Notes:         |

2mL Serum Serum Separator Tube Refrigerated In 1 Day. Same Day Results available in certain areas. Medicare Limited Coverage Test

# THYROXINE (T4)

LAB CODE: 2226

LAB CODE: 2261

| Specimen Requirements: | 1mL Serum  |
|------------------------|--|
| Collect:               | Serum Separator Tube                                   |
| Storage and Transport: | Refrigerated   |
| Reported:              | In 1 Day. Same Day Results available in certain areas. |
| Billing Notes:         | Medicare Limited Coverage Test                         |

# THYROXINE (T4) FREE

Specimen Requirements: Collect: Storage and Transport: Reported: Billing Notes: 2mL Serum Serum Separator Tube Refrigerated In 1 Day. Same Day Results available in certain areas. Medicare Limited Coverage Test

#### TISSUE EXAMINATIONS (See Pathology)

#### TOCOPHEROL (See Vitamin E)

#### TOXOPLASMA ANTIBODIES, IgG

**Specimen Requirements:** Collect: Storage and Transport: Reported:

1mL Serum Serum Separator Tube Refrigerated In 4-6 Days

#### TRANSFERRIN

**Specimen Requirements:** Collect: Storage and Transport: Reported: Notes: Billing Notes:

1mL Serum

#### TREPONEMA PALLIDIUM ANTIBODIES (See MHA-TP)

#### TRIGLYCERIDES

Specimen Requirements: 1mL Serum. Patient should be fasting 8-12 hours prior to collection. Collect: Serum Separator Tube Storage and Transport: Refrigerated In 1 Day. Same Day Results available in certain areas. Reported: **Billing Notes:** Medicare Limited Coverage Test

#### TRIIODOTHYRONINE (T3) FREE

Specimen Requirements: Collect: Storage and Transport: Reported: Billing Notes:

2mL Serum Serum Separator Tube Refrigerate In 1-3 Days Medicare Limited Coverage Test LAB CODE: 5487

LAB CODE: 2224

Serum Separator Tube Refrigerated In 3-5 Days Fasting specimen preferred Medicare Limited Coverage Test

LAB CODE: 5511

**Specimen Requirements:** Collect: Storage and Transport: Reported: **Billing Notes:** 

2mL Serum Serum Separator Tube Refrigerated In 1-3 Days Medicare Limited Coverage Test

#### TRIIODOTHYRONINE (T3) UPTAKE

Specimen Requirements: Collect: Storage and Transport: Reported: **Billing Notes:** 

2mL Serum Serum Separator Tube Refrigerated In 1-3 Days Medicare Limited Coverage Test

TSH (See Thyroid Stimulating Hormone)

### UREA NITROGEN, BLOOD (See Blood Urea Nitrogen)

#### UREA NITROGEN, URINE

**Specimen Requirements:** Collect: Storage and Transport: Reported:

24 Hour Urine. Record collection time. 24 Hour Urine Container Refrigerated during and after collection In 1 Day

#### URIC ACID, SERUM

Specimen Requirements: Collect: Storage and Transport: Reported:

1mL Serum Serum Separator Tube Refrigerated In 1 Day. Same Day Results available in certain areas.

# URIC ACID, 24 HOUR URINE

**Specimen Requirements:** Collect: Storage and Transport: Reported:

24 Hour Urine. Record collection time. 24 Hour Urine Container Refrigerated during and after collection In 1 Day

LAB CODE: 2297

LAB CODE: 2218

LAB CODE: 2225

| Specimen Requirements: | 15mL Random Urine (minimum volume 3mL)                 |
|------------------------|--|
| Collect:               | Clean catch urine specimen in Sterile Urine Cup        |
| Storage and Transport: | Refrigerated   |
| Reported:              | In 1 Day. Same Day Results available in certain areas. |
| Billing Notes:         | Medicare Limited Coverage Test                         |

URINALYSIS (with microscopic)

LAB CODE: 4620

| Specimen Requirements: | 15mL Random Urine (minimum volume 5mL)                 |
|------------------------|--|
| Collect:               | Clean catch urine specimen in Sterile Urine Cup        |
| Storage and Transport: | Refrigerated   |
| Reported:              | In 1 Day. Same Day Results available in certain areas. |
| Billing Notes:         | Medicare Limited Coverage Test                         |

# URINE CULTURE (See Culture, Urine)

| VAI | PROIC |  |
|-----|-------|--|
|     |       |  |

| Specimen Requirements: | 1mL Serum  |
|------------------------|--|
| Collect:               | Serum Separator Tube                                   |
| Storage and Transport: | Refrigerated   |
| Reported:              | In 1 Day. Same Day Results available in certain areas. |

|  |  | VANCOMYCIN | LAB CODE: PEAK 2004, TROUGH 2001, RANDOM 2007 |
|--|--|------------|---|
|--|--|------------|---|

| Specimen Requirements:<br>Collect: | 1mL Serum<br>Plain red top tube. Centrifuge. Transfer serum into transport<br>tube. Label tube as "peak", "trough" or "random." Draw Peak<br>1-2 hours after completion of infusion. Draw Trough 10<br>minutes before next infusion. |
|------------------------------------|--|
| Storage and Transport:             | Refrigerated   |
| Reported:                          | In 1 Day. Same Day Results available in certain areas.   |

| VANILLYLMANDELIC ACID (VMA) |               | LAB CODE: 5531 |
|-----------------------------|---------------|----------------|
| Specimen Pequirementer      | 24 Hour Uring |                |

| Specimen Requirements: | 24 Hour Urine   |
|------------------------|---|
| Collect:               | 24 Hour Urine Container. Record collection time. Patient          |
|                        | should discontinue all medications, if possible, for 1 week prior |
|                        | to collection.  |
| Storage and Transport: | Refrigerated during and after collection                          |
| Reported:              | In 4-6 Days   |
|                        |   |

VARICELLA ANTIBODY IgG (IMMUNE STATUS)

Specimen Requirements: Collect: Storage and Transport: Reported: 1 mL Serum Serum Separator Tube Refrigerated In 3-5 Days

#### VARICELLA ANTIBODY IgM

Specimen Requirements: Collect: Storage and Transport: Reported: 1 mL Serum Serum Separator Tube Refrigerated In 3-5 Days

2mL Serum

VDRL (See RPR)

## VIRAL CULTURE (See Culture, Viral)

#### VITAMIN B12

Specimen Requirements: Collect: Storage and Transport: Reported: Billing Notes: 2mL Serum Serum Separator Tube Refrigerate In 1 Day. Same Day Results available in certain areas. Medicare Limited Coverage Test

#### VITAMIN D, 1,25 DIHYDROXY (Calcifidol)

Specimen Requirements: Collect: Storage and Transport: Reported: Notes:

Plain Red Top Tube Refrigerate In 3-5 Days This assay is used to monitor certain conditions, such as acquired and inherited disorders of Vitamin D and Phosphate Metabolism. Allow to clot at Room Temperature. Centrifuge and submit serum in transfer fube.

LAB CODE: 5532

LAB CODE: 5031

LAB CODE: 5543

Specimen Requirements: Collect: Storage and Transport: Reported: Notes: 1mL Serum Serum Separator Tube Refrigerated In 1-2 Days This assay is recommended to evaluate patients' Vitamin D status.

VMA (See VanillyImandelic Acid)

# WBC COUNT (White Blood Cell Count only)

LAB CODE: 3010

| Specimen Requirements: |
|------------------------|
| Collect:               |
| Storage and Transport: |
| Reported:              |
| Billing Notes:         |

4mL EDTA Whole Blood Lavender Top Tube. Invert tube 5 times after collection. Refrigerated In 1 Day. Same Day Results available in certain areas. Medicare Limited Coverage Test

# **PROFILE LISTING**

The profile below are the Organ or Disease Oriented Panels constructed by the American Medical Association as outlined in Current Procedural Terminology (CPT) 2015. When ordering a panel, physicians should ensure that medical necessity requirements are met for all component tests.

| BASIC METABOLIC PANEL (incl   | udes GFR)  | LAB CODE: 15007            |
|---|--|----------------------------|
| Component Tests:  | BUN, Calcium, Chloride, CO2, Cre<br>Potassium, Sodium  | atinine, Glucose,          |
| Specimen Requirements:<br>Collect:<br>Storage and Transport:<br>Reported:<br>Billing Notes: | 2mL Serum<br>Serum Separator Tube<br>Refrigerated<br>In 1 Day. Same Day Results availab<br>When ordering a panel, physicians s<br>necessity requirements are met for a | should ensure that medical |

COMPREHENSIVE METABOLIC PANEL (includes GFR)

Component Tests:Albumin, Alkaline Phosphatase, ALT, AST, Total Bilirubin, BUN,<br/>Calcium, Chloride, CO2, Creatinine, Glucose, Potassium,<br/>Sodium, Total ProteinSpecimen Requirements:2mL Serum<br/>Serum Separator TubeCollect:Serum Separator TubeStorage and Transport:Refrigerated<br/>In 1 Day. Same Day Results available in certain areas.Billing Notes:When ordering a panel, physicians should ensure that medical<br/>necessity requirements are met for all component tests.

# ELECTROLYTE PANEL

LAB CODE: 15000

| Component Tests:       | Chloride, CO2, Potassium, Sodium                             |
|------------------------|--|
| Specimen Requirements: | 2mL Serum  |
| Collect:               | Serum Separator Tube   |
| Storage and Transport: | Refrigerated   |
| Reported:              | In 1 Day. Same Day Results available in certain areas.       |
| Billing Notes:         | When ordering a panel, physicians should ensure that medical |
|                        | necessity requirements are met for all component tests.      |

#### GENERAL HEALTH PANEL

LAB CODE: 15002

| Component Tests:       | Comprehensive Metabolic Panel, CBCD, TSH               |
|------------------------|--|
| Specimen Requirements: | 2mL Serum <u>and</u> 3mL EDTA Whole Blood              |
| Collect:               | Serum Separator Tube <u>and</u> Lavender Top Tube      |
| Storage and Transport: | Refrigerated   |
| Reported:              | In 1 Day. Same Day Results available in certain areas. |
| Billing Notes:         | Not covered by Medicare                                |

#### HEPATIC (LIVER) FUNCTION PANEL

LAB CODE: 15020

| Component Tests:       | Albumin, Alkaline Phosphatase, ALT, AST, Direct Bilirubin,   |
|------------------------|--|
|                        | Total Bilirubin, Total Protein                               |
| Specimen Requirements: | 3mL Serum  |
| Collect:               | Serum Separator Tube   |
| Storage and Transport: | Refrigerated   |
| Reported:              | In 1 Day. Same Day Results available in certain areas.       |
| Billing Notes:         | Medicare Limited Coverage Test. When ordering a panel,       |
| -                      | physicians should ensure that medical necessity requirements |
|                        | are met for all component tests.                             |

#### HEPATITIS ACUTE PANEL

Billing Notes:

LAB CODE: 15009

| Hepatitis A Antibody, IgM<br>Hepatitis B Core Antibody, IgM<br>Hepatitis B Surface Antigen<br>Hepatitis C Antibody   |
|--|
| 4mL Serum  |
| Serum Separator Tube   |
| Refrigerated   |
| In 4-7 Days  |
| Positive Hepatitis B Surface Antigen results are confirmed at an additional charge.                                  |
| When ordering a panel, physicians should ensure that medical necessity requirements are met for all component tests. |
|  |

| LIPID PROFILE          | LAB CODE: 15008  |
|------------------------|--|
| Component Tests:       | Total Cholesterol, HDL Cholesterol, Triglycerides and calculated ratios. |
| Specimen Requirements: | 2mL Serum. Patient should be fasting for 8-12 hours.                     |
| Collect:               | Serum Separator Serum  |
| Storage and Transport: | Refrigerated   |
| Reported:              | In 1 Day. Same Day Results available in certain areas.                   |

Medicare Limited Coverage Test. When ordering a panel, physicians should ensure that medical necessity requirements are met for all component tests.

| Component Tests:       | Albumin, BUN, Calcium, Chloride, CO2, Creatinine, Glucose,   |
|------------------------|--|
|                        | Inorganic Phosphorus, Potassium, Sodium  |
| Specimen Requirements: | 2mL Serum  |
| Collect:               | Serum Separator Tube   |
| Storage and Transport: | Refrigerated   |
| Reported:              | In 1 Day. Same Day Results available in certain areas.   |
| Billing Notes:         | When ordering a panel, physicians should ensure that medical necessity requirements are met for all component tests. |
|                        | necessity requirements are meriter an component resis.   |